

talk
about **fresh
solutions**

save **on** foods

Check out this week's Fresh Solution,
Blueberry Crumble Bars,
on pages 6 and 7.

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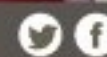


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metroNEWS

TIM QUERENGESSER/METRO

ALLEGATIONS

'Culture of fear' accurate: Ex-officer



Kevin Maimann
Metro | Edmonton

A former Edmonton police officer says the "culture of fear" alleged by police union boss Maurice Brodeur is accurate and that's why he left his job.

Mike, whose real name Metro has agreed to change, said he left the Edmonton Police Service within the past five years and served for five-and-a-half years.

He said he felt driven out by the organization's process for investigating complaints, which he claimed often lagged for months and treated officers as guilty until proven innocent. "Everyone is petrified, basically. And I was as well," he said. "I didn't want to do my job anymore."

He said a complaint alleging that an officer swore at someone while arresting them, for example, would be enough to warrant an investigation, leaving the officer's life "on hold" with a lingering feeling that they were going to be fired even if the complaint turned out to be bogus.

Coverage continues, page 6

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CRIME

Police charge two men with murder

Police have charged two men with first-degree murder after a man shot Saturday succumbed to his injuries in hospital Wednesday.

Edmonton Police said in a statement that 34-year-old Daniel Holly was one of two people shot in a brazen attack Saturday evening in a northeast neighbourhood. Police have charged both 27-year-old Dagmawi Admasu and 21-year-old Tysean Wawryk with first-degree murder and several other charges, including attempted murder and firearms offences.

The charges follow a dramatic

chase after the initial shooting Saturday, which, according to police, saw shots fired at officers as they attempted to stop a suspect vehicle.

Police said Admasu and Wawryk eventually jumped from the minivan they were allegedly using as an escape vehicle and fled on foot, where police arrested them in a field.

"Investigators are still hoping to speak with witnesses from three separate scenes and continue to pursue leads to determine if additional suspects were involved in this incident," police said in a statement. METRO

NORTHERN ALBERTA

Teens found dead were shot: RCMP

Two teens found dead earlier this week in northern Alberta were shot to death and the case is now considered a double homicide, Mounties said Thursday.

RCMP Insp. Gibson Glavin said an autopsy on the bodies of Dylan Laboucan and Cory Grey revealed they died by gunshots.

"It is not a random act," Glavin told reporters at K Division headquarters in Edmonton.

"These two victims, Cory and Dylan, were deliberately killed by someone or some people, and they were connected to them in some way.

"We do know how they might be connected," he added. "But right now we're not able to release that information. It's a key element of the investigation."

Laboucan, who was 17, was found Monday night on the Whitefish Lake First Nation.

The body of his girlfriend, 19-year-old Grey, was found the following day in a rural area outside of High Prairie, northwest of Edmonton.

Glavin said the bodies were found "some distance" from each other.

Family members have said that the victims lived together in a trailer. They have also said that on Saturday, a man found Dylan unresponsive outside the trailer. The man then went to phone for help and when he returned to the trailer, the body was gone.

Glavin said that man is being helpful to the investigation.

THE CANADIAN PRESS

Political bootcamp looking to expand

CIVIC ENGAGEMENT

With revamp, city hopes to inspire more women to run

Alex Boyd
Metro | Edmonton

Kasey Machin used to be intimidated by the flurry of activity at City Hall.

"I think the average citizen often just doesn't know what it's about," she said. "I've heard from people that wanted to attend a council meeting but the idea of even just walking in was too intimidating."

It's a feeling often amplified for women, Machin said, noting women are consistently under-represented on both council and upper management in city administration. For example, Coun. Bev Esslinger is currently the only woman on council.

Two years ago Machin joined a city program designed to change that, called Opening the Potential. The program is a sort of political boot camp for women with an interest in municipal politics that's been running since 2011.

For Machin, it meant meeting regularly with Coun. Andrew Knack and participating in group sessions.

She said the information she



Kasey Machin is a former participant in a program she credits with 'demystifying' civic politics. Now, she's heavily involved and isn't ruling out a future run for council. KEVIN TUONG/FOR METRO

learned was valuable, but so too was "just knowing that there's other women out there that will have your back and support you."

"It's demystifying the whole idea of city politics."

Now the program is getting a revamp, with an eye on expansion.

Esslinger said that by shifting away from a one-on-one mentor-

ship model towards more group sessions, organizers hope to grow the program from about a dozen participants in the past to as many as 50 this year.

Most age limits have been thrown out, so now participants just have to be over 16.

"This is re-imagining the program, or allowing us to reach more women," Esslinger said.

Machin said the program gave her a solid foundation in how the municipal system works.

She now works at City Hall — she's got a job in Knack's office and isn't ruling out her own future run for office.

"The contacts that you meet, it definitely lessens the intimidation factor of getting involved," she said.

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Craft brewers get a boost

TRADE

Small beer manufacturers could see \$20M in grants a year

Alberta's small beer brewers will get up to \$20 million a year in grants, helping to offset a looming hike in the markup on all beer sold in the province.

Finance Minister Joe Ceci said Thursday the goal is to level the industry playing field, help grow Alberta's industry and create jobs.

"Alberta's craft brewing industry is an important part of a more diversified, more resilient economy for all Albertans," Ceci told reporters at a news conference at a local craft brewer.

"With 37 craft brewers and counting, our government knows that we all benefit with great local products."



Ontario-based Steam Whistle Brewing took Alberta to court over its changes to beer tariffs, leading in many ways to the changes announced Thursday. THE CANADIAN PRESS

Under the program, brewers who produce less than 30 million litres per year will get

money on a sliding scale based on their sales.

Ceci said the most any brewer can make under the plan is \$12 million.

The program is beginning immediately and application forms are already available, he said.

The change will come after

the markup on beer is raised to \$1.25 a litre on Aug. 5 for all beer sold in Alberta, regardless of where it is made.

Previously, Alberta brewers paid less on the markup, with a sliding scale starting at as low as 10 cents a litre. Brewers in Saskatchewan and B.C. got the

same deal under the free trade New West Partnership Agreement.

Ceci announced the hike on July 12, promising at that time a grant program to assist provincial brewers.

Saskatchewan complained about the change, saying it violates the spirit of the New West Partnership free trade deal. It has threatened to impose retaliatory measures.

However, Alberta Premier Rachel Notley has said the brewery rules are already rife with exemptions and unfair provisions, adding she will do whatever is necessary to grow the industry in Alberta.

Alberta has the most open beer market in Canada, with sellers simply having to fill out a form to sell. Access to shelves in other provinces is controlled by liquor boards.

Terry Rock, head of the Alberta Small Brewers Association, said changes remove impediments to industry growth.

"We think with today's announcement we're going to catch up and we're going to accelerate," said Rock.

THE CANADIAN PRESS

NDP GOVERNMENT

Lawsuit ads total \$100K

The NDP government will spend \$100,000 on ads explaining why it is suing its own agencies, Metro has learned.

On Thursday, the Wildrose called foul after ads ran in a Calgary newspaper stating the NDP's position on lawsuits that it has filed as a result of a clause in power-purchase agreements.

As Metro has reported, earlier this week the NDP said it drafted carbon levy legislation without fully grasping the effect such rules would have on the already established power-purchase agreements.

On Thursday, the Wildrose demanded to know how much the government intends to spend to argue its position with the advertisements. Brad Hartle, press secretary to the minister of energy, responded.

"We have a responsibility to share information with Albertans about why we are going to court to protect them from being forced to pay up to \$2 billion to cover the business losses of power companies," he said, in an email. METRO

“The craft brewing industry is an important part of a more diversified, more resilient economy. Finance Minister Joe Ceci

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Police officer alleges toxic work culture

INTERNAL AFFAIRS

**Survey results
indicate service
may be unsafe
psychologically**



**Kevin
Maimann**
Metro | Edmonton

Maurice Brodeur shocked many this week when he alleged that a toxic work culture is lurking within the Edmonton Police Service.

Edmonton Police Chief Rod Knecht quickly dismissed the head of the Police Association's allegations, and in the interim the Police Commission has come to the chief's side.

But now, former officers are echoing Brodeur's comments.

"You'll get an email saying you're basically under investigation now and it will go on for months and months and months," said 'Mike,' whose real name Metro will not reveal, as doing so could lead to reprisals.

He said he was pushed to leave the organization because the process for investigating complaints against officers lagged and treated officers as guilty until proven innocent.

He was previously a police officer in another service for many years, where he said he was not subject to the same stresses as he was in Edmonton.

He also called into question the practice of putting information online regarding complaints and appeals, which he feels has the potential to damage an officer's future job prospects.

On Tuesday, Brodeur used a press conference to call for an independent investigation into



Edmonton Police Chief Rod Knecht has dismissed allegations that the majority of people on his force experience a "culture of fear". METRO FILE

EPS, after a survey conducted by the union showed roughly 80 per cent of officers feel they work in a "culture of fear."

About 60 per cent of officers participated in the survey.

Brodeur said the results are indicative of a "psychologically unsafe workplace" where officers constantly fear punishment.

Police declined to respond to the comments the former officer shared with Metro Thursday.

But EPS Chief Rod Knecht did address Brodeur's earlier comments with a press conference on Tuesday. Knecht said EPS concluded 1,397 investigations in 2015 and only 4.5 per cent of those subjected officers to any

form of discipline. He said complaints that meet the necessary criteria under the Police Act must be investigated and the public expects officers to be held to a high standard.

"For us, public trust and confidence is the foundation of our work, and internal discipline is one of the key ingredients to building and maintaining that public trust," he said.

Knecht said he welcomes an independent investigation.

Edmonton Police Commission Chair Cathy Palmer said Brodeur's Tuesday press conference came as a surprise, though she was aware of his concerns after a recent meeting.

Palmer is working to facilitate a meeting with the union, EPS and the commission for early September, but hopes the former parties can arrange their own meeting before then.

She said Knecht has provided strong, consistent leadership with EPS.

"Rod came and very quickly put in place really high standards for professionalism and accountability in the service," Palmer said.

"Rod has been a very good leader and we're lucky to have him. It's not to say that there aren't issues and it's not to say that the commission doesn't hold the service to account."

QUALITY OF LIFE

Report highlights disparities in Canada

Canada sits on an enviable top-10 perch when it comes to quality of life around the world, but a new analysis points to significant disparity among its provinces and territories.

Albertans, for example, enjoyed a quality of life in 2014 comparable to that found in countries like Switzerland or Denmark, says a new report that seeks to replicate the United Nations human development index for Canadian regions.

At the other end of the spectrum, says the report released Thursday, Nunavut would have

had a quality of life similar to that of Latvia or Croatia.

Overall, Canada holds down the ninth spot on the 2015 UN index of 188 countries, which was based on 2014 data. It tied with New Zealand, one slot below the United States.

By comparison, if Alberta had been stacked up against countries on the list, it would have landed in fourth place — the highest among Canada's provinces and territories. Nunavut would have ended up 46th, the report says.

"Although most Canadian provinces and territories achieve

impressive ranks in the international context, evidently Canada's overall (human development index) masks substantial variation among the different regions," said the paper by The Centre for the Study of Living Standards.

"Our report highlights the diverse human development experiences of Canadians."

The UN human development index is a frequently used tool that measures one country's standing with another. It combines data on life expectancy, education and gross national

income to produce a ranking of the UN's member countries.

To replicate the index for provinces and territories, report author and economist James Ugucioni wrote that he used Statistics Canada data to ensure it was as consistent as possible.

The study also ranked B.C. as the top Canadian region for life expectancy, while Nunavut was last. Compared to UN countries, Nunavut was No. 103 for life expectancy. It also said Nunavut ranked last when it came to average educational attainment.

THE CANADIAN PRESS



The University of Alberta's planning program got a big donation this week from a developer. METRO FILE

Donation to help ensure planners

UNIVERSITY OF ALBERTA

\$250,000 from developer to ease growing need for role



Alex Boyd
Metro | Edmonton

The University of Alberta's planning program got a major donation from developer Brookfield Residential, which the school says will help meet the need for future planners in the province.

Some of the \$250,000 donation, spread over the next five years, will go to pay for scholarships for both undergrads and grad students, according to Sandeep Agrawal, professor and director of the urban and regional planning program.

The rest will fund distinguished visitors who will provide lectures on planning and sometimes participate in courses.

Agrawal said Brookfield and the City of Edmonton helped

start the planning program in 2012. At the time, there was no such schooling available in Alberta.

"There was a period of about six or seven years where there was no planning program across the province, and meanwhile the province was growing every which way," he said.

"Both the public- and private-sector agencies would bring planners in from all over the country and even beyond."

He said that as cities like Edmonton continue to grow, having well-trained planners familiar with the local landscape will only become more important.

"The way I see it is, for a long time there was no third voice about planning in the province," Agrawal said, meaning in addition to public and private planners. He adds that academic research can provide an unbiased opinion on development.

The planning program's first graduating class, in 2015, was only a handful of students. This year it was 15, and Agrawal said it should be about 15 to 20 from here on out.

IN BRIEF

Rideshare firm TappCar adds to accessible fleet

TappCar has increased its fleet of accessible vehicles with the recent purchase of two Ford Connect vans.

The rideshare company now has five accessible options among its Edmonton

fleet of 250 vehicles.

TappCar spokesperson Pascal Ryffel said the company plans to continue growing its number of accessible vehicles, though he notes it's a pricey investment at up to \$90,000 per vehicle.

KEVIN MAIMANN/METRO

talk about **fresh solutions**

Blueberry Crumble Bars

BC Blueberries
Nature's Candy



Prep Time: 10 minutes | Cook Time: 30 minutes | Makes 8 bars

Ingredients

- 1 ½ cups (375 mL) Robin Hood all-purpose flour
- 1 ½ cups (375 mL) quick cooking oats
- 1 ½ cups (375 mL) brown sugar, divided
- ½ tsp (3 mL) baking soda
- ½ tsp (3 mL) fennel seeds, finely chopped
- pinch of salt
- 2 tbsp (30 mL) orange zest
- ¾ cup (175 mL) Crisco vegetable oil
- 2 tbsp (30 mL) orange juice
- 1 tsp (5 mL) vanilla extract
- 2 tbsp (30 mL) cornstarch
- 2 cups (500 mL) BC Blueberries, rinsed

Directions

1. Preheat oven to 375°F (190°C). Butter a 9 x 8 inch baking dish.
2. In a large mixing bowl, combine together flour, oats, 1 cup of brown sugar, baking soda, fennel seeds, salt and orange zest. Add in oil until it resembles moist crumbs. Reserve half the mixture and press the remaining mixture into the prepared baking dish.
3. In a small saucepan, combine orange juice, remaining ½ cup of brown sugar and vanilla. Bring to a simmer and whisk in the cornstarch, avoiding lumps. Add in blueberries and cook until the mixture thickens, for about 2 minutes. Spread mixture over prepared crust. Top with remaining oat mixture.
4. Bake for 25 minutes or until just browned. Cool before cutting into bars

Tip: Bake these ahead of time and take them along with you to the park or cabin.

save on foods

Language lost in translation

MULTICULTURALISM

Artist toys with communication across different languages



Samantha Power
For Metro | Edmonton

Artist Jessie Beier has let language take on its own life.

As the artist in residence at ASSIST, an immigrant services centre, Beier has been surrounded by the languages of immigrants new to Edmonton.

Her final project, which the public can now view, portrays the precariousness of communication as it moves between languages.

"Words are not quite enough to represent the world," said Beier. "Even when you're speaking the same language, with clear text with sentences and periods and grammar, it doesn't necessarily mean the message will be conveyed because communication is so messy."



Jessie Beier stands in front of Trailing the World Behind, her latest creation at ASSIST, an immigrant services centre. KEVIN TUONG/ FOR METRO

The story behind the project is illuminating.

Beier asked a colleague to translate text from English to Spanish. Beier translated it back to English. The text

was re-translated and several times in different languages. In some cases she had to rely on technological assistance with translation.

"I had to relinquish some

control and leave things more open," said Beier. "The English language changes quite a bit by the end."

The installation, housed at ASSIST's south Edmonton

“Communication is so messy.”
Jessie Beier

location, is meant to reflect the layers of language and to place people within language.

The residency is the first of its kind in the city. ASSIST put forward an application to the Edmonton Arts Council to help develop arts and culture programming in its head office.

As an educator, Beier wanted to make art accessible to all in the ASSIST community and has worked in the language classes developing different projects for ASSIST since taking on the position in January.

"It's largely a space of learning," said Beier. "But the space is very diverse and important for Albertans at this time."

Beier said she hopes to have a final display of all the projects created during her tenure in the fall.

CHILD WELFARE

Boyfriend charged in baby's death

A charge of second-degree murder has been laid against a southern Alberta man accused of killing a nine-month-old boy who was left in his care.

Police in Lethbridge say Austin Wright wasn't breathing and was in cardiac arrest when paramedics found him in a home after answering an April 28 call about a baby in medical distress.

The child was taken to hospital where he was pronounced dead.

Investigators say Austin had been left with his mother's boyfriend while she went to work, and that he was allegedly assaulted when he started crying.

Police were initially told that the baby had just stopped breathing, but an autopsy determined he died as a result of blunt force trauma not consistent with a fall.

Tyler Brian Hogan, a 40-year-old Lethbridge resident, was arrested Wednesday and was scheduled to appear in court Thursday. THE CANADIAN PRESS



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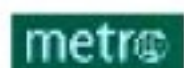
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The city is offering residents in Citadel a wooden fence like this as a barrier to Sarcee Trail traffic noise, but some residents feel growing traffic on the road warrants a larger concrete barrier. JENNIFER FRIESEN/FOR METRO

Noise needs more than a fence: Resident

CITADEL

Highway racket needs a wall of concrete, says homeowner



Brodie Thomas
Metro | Calgary

The community's name is Citadel, and resident Neil Johnson thinks it's deserving of a wall.

The enemy at the gate is the noise of traffic from Sarcee Trail.

Johnson's backyard backs on to Sarcee Trail. He said the city is offering him and his neighbours a wooden fence for privacy and to help cut down on noise, but claim the noise levels don't warrant a larger concrete wall.

He said the noise makes it difficult to relax or socialize in his backyard.

"When trucks drive by you have to basically have to put your conversation on hold," he said.

This is a one-time offer tied to upgrades to an existing

interchange at Stoney Trail. The fence will go on homeowner's property and upkeep will fall to residents once it's built.

Jeff Baird, senior transportation engineer with the City of Calgary said they've done on-site sound tests as well as predictive modeling that takes into account projected traffic growth over 10 and 20 years.

Neither sound tests nor predictive modeling have met the threshold needed for a concrete sound barrier.

Johnson thinks the fact that the city is upgrading the interchange between Sarcee Trail and Stony trail speaks volumes as to the increasing level of traffic.

"Myself and other people on the block think the city is being short-sighted," he said.

He notes that the southernmost section of Citadel has a concrete barrier separating it from Sarcee Trail. That barrier changes to a lower wooden fence as you move north.

"We're just asking them to carry on with the decision they've already made," said Johnson. "It's the same stretch of road."

OPINION POLL

Most Albertans want to stay in Canada

Nearly 25 per cent of Albertans think the province should become an independent country, according to an Insights West poll.

The survey is conducted online and has a margin of error of plus or minus four percentage points, which is relatively high in polling.

The study found that 23 per cent of Albertans think the province would be better off as an independent country and

is similar to the result of a poll conducted in 2014 asking the same question.

It is important to note that the proportion of Albertans who would choose independence did not vary over the past two years," said Mario Canseco, with Insights West.

"Even after the defeat of the federal Conservatives in Ottawa and the first New Democratic government in Edmonton, the notion of an independent Al-

berta has not become more attractive for residents."

The poll also asked about which political leader in Alberta, both present or in the past, was 'best.' More than 50 per cent of survey respond-

ents said Ralph Klein. Eleven per cent chose Rachel Notley.

Who was the worst provincial leader in Alberta? Thirty-one per cent said Alison Redford.

METRO



The notion of an independent Alberta has not become more attractive for residents.

Mario Canseco

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When trucks drive by you have to basically have to put your conversation on hold.

Neil Johnson

Puerto Rico pavilion set to get interactive

CULTURE

Heritage Festival's new addition aims to 'raise the bar'



Kevin Maimann
Metro | Edmonton

The newest addition to the Servus Heritage Festival aims to raise the bar with a lively, interactive pavilion.

Jaime Dolorier will represent Edmonton's Puerto Rican community when the fest returns to Hawrelak Park this weekend.

"We can show other things that haven't been shown there yet as far as interaction with the families and children," Dolorier said. "When it comes to our music and our culture, we rely 100 per cent on participation from everyone."

This year's festival will have 67 pavilions representing 85 cultures, marking its most diverse edition yet.

One way the Puerto Rico pavilion will engage with festival-goers is by offering conga drum lessons. Music will be a highlight in general, with a live band and dancers delving into merengue, rumba and salsa music using instruments that are native to Puerto Rico.

"If you've heard the word 'salsa' anywhere, it means Puerto Rico. Eighty or 90 per cent of the salsa performers in the world come from Puerto Rico," Dolorier said.

Puerto Rico is the largest insular territory of the U.S., located in the northeastern Caribbean



Jaime Dolorier is in charge of the new Puerto Rican pavilion at Heritage Fest this year.

KEVIN TUONG/FOR METRO

Sea with a population of about 3.5 million people.

Its pavilion will be run by eight to 10 members of Edmonton's "tiny" Puerto Rican community.

“Puerto Rican culture, even though it's a small tiny island, it has so much to offer. Jaime Dolorier

They will cook up plenty of hot food, and Dolorier promises to keep the lineup moving as quickly as possible. The food includes lots of chicken, rice and beans, with influence from

Creole and Western cuisine as well as characteristics from the Caribbean region.

"We want to raise the bar, in a good way," Dolorier said.

"Puerto Rican culture, even

in the festival because of its dynamic and family friendly nature.

He previously lived in Miami for 12 years before finding his true home up north.

"I love the culture. I love how welcoming Canadian people are, especially to foreigners," Dolorier said.

"People ask me why I left Miami with 30 degree (weather) and came to Canada. I say because the things that are important in life are better here and that's the end of story. I encourage people to visit Canada all the time."

WEEKEND EVENTS

Sample a taste of the city's best offerings

FRIDAY AND SATURDAY

Taste of Edmonton: If you'd like to sample a smattering of Edmonton's finest restaurants but never have the time, this is your last chance to try them all at once. The festival offers hundreds of menu items from restaurants around the city, including 79 new ones this year and 50 vegetarian options. The exclusive Sip 'N Savour event, limited to 200 ticket purchasers, offers culinary workshops and pop-up restaurants with a new theme each night. Live bands will hit an outdoor

stage from 7 p.m. to 11 p.m. every evening, including The Watchmen on Friday and Born Ruffians on Saturday. **When:** 11 a.m. to 11 p.m., ending Saturday. **Where:** Sir Winston Churchill Square.

SATURDAY

Switches Tour Kick-Off: If you're into catchy, fun garage rock, Switches is a band that should be on your radar. Join the Edmonton favourites for their tour kickoff show, featuring support from Mosfett and out-of-towners Pre Nup. Tickets are \$10 at the door.

When: 9 p.m.

Where: The Almanac, 10351 82 Ave. (enter through the back alley).

ALL WEEKEND

Servus Heritage Festival: Join thousands of Edmontonians as they take in the city's annual celebration of diversity, with nonstop live entertainment and international cuisine from 67 pavilions. Don't forget to bring a donation for Edmonton's Food Bank.

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Efforts fail to reach Canadians in Turkey

COUP

Arrested men's status as dual citizens makes matter messy

Government efforts to reach two Turkish-Canadians arrested in connection with a failed coup in Turkey earlier this month have so far been stymied.

Davud Hanci and Ilhan Erdem were arrested and detained separately over the past week as Turkish authorities swept up thousands of people it accuses of having supported the July 15 coup attempt, which left more than 200 people dead.

Citing privacy laws, Global Affairs Canada would only say that Canadian officials in Turkey are in contact with local authorities and providing consular assistance to the men's families. A government source, however, confirmed diplomats have not been able to reach Hanci or Erdem.

Both men are dual nationals,

meaning they hold both Turkish and Canadian citizenship. Hanci lives in Calgary and is an imam for both the federal and Alberta correctional services. Erdem lived in Toronto and Ottawa, where he was also an imam, before moving back to Turkey after getting his Canadian citizenship.

Consular officials often have difficulty helping Canadians with dual citizenship who are arrested in their native country. This is particularly true of countries in the Middle East such as Iran, which does not recognize dual citizenships.

Turkey does recognize dual nationalities. However, the U.S. State Department says the Turkish government does not permit Turks with two nationalities and who are arrested in Turkey to contact officials from the other country for help.

"International law on this is non-existent," said Gar Pardy, who served for years as the federal government's head of consular affairs. "All you can do is just keep pushing."

THE CANADIAN PRESS



Davud Hanci, one of two detained Canadians.

TORSTAR NEWS SERVICE

ABDIRAHMAN ABDI

Still few answers in Ottawa man's death



Joe Lofaro
Metro | Ottawa

Many unanswered questions still surround the death of Abdirahman Abdi — and one of the most glaring is what exactly happened before, during and immediately after his violent arrest by Ottawa police.

Records provided by the city and eyewitness videos allow us to start to piece together some semblance of a timeline of the events leading up to the tragedy.

Here's what we know.

Ottawa police were called to the city's Wellington Street West around 9:30 a.m. Sunday. They chased Abdi to his apartment.

The full extent of what happened between the time the officers caught up to Abdi and the time they called paramedics — roughly 15 minutes later — is unclear. Witnesses say Abdi was struck with batons and pepper-sprayed, and Ottawa police Chief Charles Bordeleau said officers called paramedics 23 seconds after it became clear Abdi was in



Abdirahman Abdi
COURTESY FAMILY OF ABDIRAHMAN ABDI

"medical distress."

City records show paramedics received the first emergency call at 9:49:19 a.m. Paramedics were dispatched at 9:50:36 a.m.

The first paramedics arrived at 9:56 a.m. — five minutes and 24 seconds after the emergency call.

A paramedic called for back-up because Abdi had no vital signs.

One video shows 10 minutes pass before paramedics arrive and perform CPR on Abdi. He is then taken to hospital and put on life support. He was pronounced dead the next day.

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Feds admit to payroll failures

PHOENIX SYSTEM

Problems for civil servants to be resolved by October

The federal government could have done a better job implementing the new payroll system that's causing serious payday headaches for tens of thousands of civil servants, a senior bureaucrat admitted to a Commons committee Thursday.

But moving from the antiquated, paper-heavy pay system the government used for four decades to the electronic Phoenix system was the right call at the right time, said deputy public-services minister Marie Lemay.

"I think we could have done additional measures (to smooth the transition process)," Lemay told the House of Commons committee that oversees government operations.

\$20M
Estimated amount that dealing with the debacle could cost

"But the move to the second wave and the move to Phoenix is the right decision."

MPs on the committee grilled Lemay and other officials with questions, including one civil servants and their unions have been asking for months: Why was Phoenix rolled out when it was clear it had significant shortcomings?

There were indications of "bugs" in the Phoenix system after it was first launched on a limited basis in February following several delays and a third-party assessment, she said.

But the issues were minor, said Lemay, who took on a new role as deputy minister just as Phoenix was being fully implemented in a much larger second

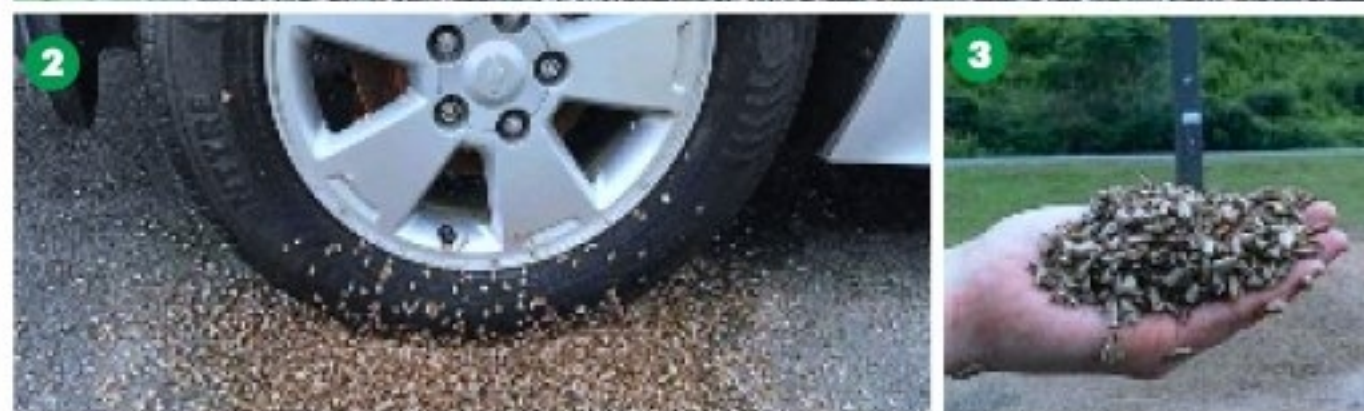
wave. And she would have recommended the system be given the green light at that time, she told the committee.

Still, knowing what she knows now, that second phase should have included more time for employees to be trained on the system, and the government should have retained many of the pay system employees that were let go as the new system came online, she said.

Earlier Thursday, federal officials said they expect to have resolved all of the pay delays created by the problematic new pay system by the end of October — but undoing the damage won't be cheap.

Dealing with the months-long debacle, which has caused serious payday headaches for tens of thousands of civil servants, will cost an estimated \$15 to \$20 million, Lemay told a news conference earlier in the day.

Some 1,100 of the more than 80,000 problem files identified last week have been closed, Lemay said. THE CANADIAN PRESS



NEW BRUNSWICK PLAGUE OF MOTHS DESCENDS UPON THE POPULACE A sudden infestation of spruce budworm moths swarmed northern New Brunswick last weekend, leaving people in Campbellton and Dalhousie with stories to tell — and a mess to clean up. Swarms landed on cars, windows and door screens and circled street lights as darkness fell, even finding their way inside homes and businesses. THE CANADIAN PRESS

1 Budworm moths in the needles of a spruce tree.

2 Budworm moths in a pile under the wheel of a vehicle in Campbellton, N.B.

3 A handful of budworm moths in the hand of a biologist.

ALL PHOTOS: EMILY OWENS, NATURAL RESOURCES CANADA/THE CANADIAN PRESS

GERMANY

Merkel vows to protect country but stick to asylum principles

Chancellor Angela Merkel pledged Thursday to do "everything humanly possible" to keep Germany safe following a string of attacks — including two carried out by asylum-seekers and claimed by the Daesh group that she said mocked the country that took in the assailants.

The attacks brought Merkel fresh criticism for her decision last year to welcome refugees. More than 1 million asylum-seekers were registered in Germany in 2015, although the influx has since slowed dramatically.

Merkel said at a news conference that Germany will "stick to our principles" and give shelter to those who deserve it.

"We will manage this," she said, repeating a mantra she coined last August.

Merkel called for a better "early warning system" against signs of radicalization, faster progress on plans to create a centre to help crack encrypted messages and better international intelligence co-operation, among other measures. But she said it's too early to say in detail what more may be required beyond the tightening of asylum and security laws already undertaken in recent months.

"Wherever there are gaps,



German Chancellor Angela Merkel has interrupted her holiday to hold a press conference on domestic and foreign policy following a spate of attacks. JOHN MACDOUGALL/AFP/GETTY IMAGES



Wherever there are gaps, we will have to act.

Chancellor Angela Merkel

we will have to act — just as we have so far — so that it is clear that we are doing everything humanly possible to ensure security in our free, democratic state of law," Merkel said.

Two of the attacks in a week-long period starting July 18 — an axe rampage near Wuerz-

burg that wounded five and a suicide bombing that injured 15 outside a bar in Ansbach — were the first in Germany to be claimed by Daesh. Both of the attackers, asylum-seekers who arrived over the past two years, were killed.

In two other attacks — a shooting by a German-Iranian 18-year-old in Munich that claimed 10 lives, including the attacker's, and the stabbing of a woman by a Syrian asylum-seeker at a restaurant in Reutlingen — the motive is still unclear, but Islamic extremism is not suspected.

THE ASSOCIATED PRESS

IN BRIEF

Pair of military leaders dodge purge in Turkey

Turkey's top military commander, who was held hostage during an attempted coup, kept his post Thursday, while the general who served as acting chief of staff was promoted following a purge in the military.

The decisions came after Turkey discharged nearly 1,700 officers, including 149 generals and admirals, suspected of involvement in the attempted coup. An official described the actions as "dishonourable discharges." THE ASSOCIATED PRESS

Islamic extremists ambush humanitarian convoy

Boko Haram Islamic extremists ambushed a humanitarian convoy escorted by troops in northeast Nigeria on Thursday, wounding three civilians, including a UN worker, and two soldiers, the army and UNICEF said.

The attack comes as aid agencies are warning that children are dying of starvation daily among more than 500,000 people in need of urgent help in recently liberated areas that are still as dangerous to reach.

THE ASSOCIATED PRESS

FRANCE

Second attacker on church identified

French officials on Thursday identified the second man who attacked a Normandy church during morning Mass, saying he's a 19-year-old from eastern France who was spotted last month in Turkey as he supposedly headed to Syria — but who returned to France instead.

The prosecutor's office identified him as Abdel-Malik Nabil Petitjean following DNA tests on his corpse. A security official confirmed that he was the unidentified man pictured on a photo distributed to French police on July 22 with a warning that he could be planning an attack.

Four days later, Petitjean and another 19-year-old local man, Adel Kermiche, stormed the church in Saint-Etienne-du-

Rouvray during Mass on Tuesday. They held five people hostage before fatally slashing a priest's throat and seriously wounding the other man. The attackers were killed by police as they left the church.

A security official said Turkey spotted Petitjean at a Turkish airport going to Syria on June 10, and that on June 29 he was flagged to French authorities and immediately put on a special watch list.

Although it's not clear what caused Petitjean to turn around, in recent months Daesh propaganda has encouraged Western recruits not to join extremists in the war zones in Syria or Iraq but to remain home and carry out attacks. THE ASSOCIATED PRESS



The rabbin of Rouen, archbishop of Rouen, president of the Regional Council of the Muslim Faith of Haute-Normandie and president of the Union of the Muslims of Rouen attend a tribute to the slain priest. CHARLY TRIBALLEAU/AFP/GETTY IMAGES

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Hillary rocks Philadelphia

U.S. ELECTION

Clinton goes full bore on Donald Trump in big speech

Promising Americans a steady hand, Hillary Clinton cast herself Thursday night as a unifier for divided times, steered for the challenges of a volatile world by decades in politics that have left some Americans skeptical that she understands their lives.

"I know that at a time when so much seems to be pulling us apart, it can be hard to imagine how we'll ever pull together again," Clinton said as she accepted the Democratic nomination, becoming the first woman to lead a major U.S. political party. "But I'm here to tell you tonight — progress is possible."

Clinton took the stage to roaring applause from flag-waving delegates. But her real audience was the millions of voters who may welcome her experience but question her character.

Clinton acknowledged those concerns briefly, saying "I get it that some people just don't know what to make of me." But her primary focus was portraying herself as the only qualified candidate in a general election contest against Republican Donald Trump.

"Imagine him in the Oval Office facing a real crisis," she said. "A man you can bait with a tweet is not a man we can trust with nuclear weapons."

"A man you can bait with a tweet is not a man we can trust with nuclear weapons."

Hillary Clinton, on Donald Trump

Clinton's four-day convention began with efforts to shore up liberals who backed Bernie Sanders in the Democratic primary and it ended with an outstretched hand to Republicans and independents unnerved by Trump. A parade of military leaders, law enforcement officials and Republicans took the stage ahead of Clinton to endorse her in the general election contest with Trump.

"This is the moment, this is the opportunity for our future," said retired Marine Gen. John



Chelsea and Bill Clinton listen to Hillary's speech. THE ASSOCIATED PRESS



Hillary Clinton speaks at the Democratic National Convention on Thursday in Philadelphia. SAUL LOEB/AFP/GETTY IMAGES

R. Allen, a former commander in Afghanistan. "We must seize this moment to elect Hillary Clinton as president of the United States of America."

American flags waved in the stands of the packed convention hall and the crowd broke into chants of "U-S-A!" drowning out scattered calls of "No more war."

Campaigning in Iowa Thursday, Trump said there were "a lot of lies being told" at Clinton's convention. In an earlier statement, he accused Demo-

crats of living in a "fantasy world," ignoring economic and security troubles as well as Clinton's controversial email use at the State Department.

The FBI's investigation into Clinton's use of a private internet server didn't result in criminal charges, but it did appear to deepen voters' concerns with her honesty and trustworthiness. A separate pre-convention controversy over hacked Democratic Party emails showing favoritism for Clinton in the primary threatens to deepen the perception that Clinton prefers to play by her own rules.

Through four nights of polished convention pageantry, Democratic heavyweights told a different story about Clinton. The most powerful validation came Wednesday night from President Barack Obama, her victorious primary rival in 2008. Obama declared Clinton not only can defeat Trump's "deeply pessimistic vision" but also realize the "promise of this great nation."

Clinton was introduced by her daughter, Chelsea, who spoke warmly of her mother as a woman "driven by compassion, by faith, by kindness, a fierce sense of justice, and a heart full of love."

A studious wonk who prefers policy discussions to soaring oratory, Clinton has acknowledged she struggles with the flourishes that seem to come naturally to Obama and her husband. She leaned heavily on her "stronger together" campaign theme, invoking her 1996 book "It Takes a Village."

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Smoke billows in Bani Zeid after Syrian pro-government forces took control of the previously rebel-held district of Laramun, on the northwest outskirts of Aleppo. GEORGE OURFALIAN/AFP/GETTY IMAGES

TERRORISM

Ties with al-Qaida cut: Nusra Front

The leader of Syria's Nusra Front said in recording aired Thursday that his group is changing its name, claiming it will have no more ties with al-Qaida in an attempt to undermine a potential U.S. and Russian air campaign against its fighters.

The announcement is the first time that an entire branch of al-Qaida has said it is leaving the terror network. But the move took place with the endorsement of al-Qaida's central leadership, and its ideology remains the

same, raising questions whether the change really goes beyond the new name, the Levant Conquest Front.

The United States, which considers Nusra a terrorist organization, immediately expressed its skepticism. White House spokesman Josh Earnest said Thursday the U.S. continues to assess that Nusra leaders intend to attack the West and said the U.S.-led military campaign is focused on a number of extremist groups, including Nusra and the Islamic

State group.

But the step could complicate U.S. efforts in Syria.

Without the al-Qaida name, the group will now seek to expand its alliances with other Syrian rebels, including relative moderates backed by Washington and its allies. Those factions may then oppose international airstrikes against Nusra fighters, arguing that they are now simply fellow rebels against President Bashar Assad, not an al-Qaida affiliate. THE ASSOCIATED PRESS

+ COALITION

U.S. probes airstrike

The U.S. military is looking into whether a coalition airstrike in northern Syria caused civilian casualties.

U.S. Central Command, which is responsible for U.S. forces in the Middle East, says in a statement Thursday that the American-backed coalition had conducted airstrikes in the area of Manbij during the past 24 hours. THE ASSOCIATED PRESS

Russia, Syria offer ways out

ALEPPO

But residents skeptical of leaving besieged city

After months of fighting to encircle its opponents in Aleppo, Syrian authorities backed by Russia on Thursday offered safe corridors out for residents and rebels in the northern city's besieged quarters, underlining the government's determination to seal off the metropolis and force an eventual surrender by the opposition.

Many residents dismissed the offer, saying it presents them with an impossible choice between a slow death if they stay behind and possible detention if they attempt to leave.

The encirclement of rebel-held eastern Aleppo sets the stage for a drawn-out siege with potentially huge implications for the future of the armed opposition to President Bashar Assad. The military continued to consolidate its grip Thursday, seizing a district on the northern edge of the city.

"If Assad shows that he is winning Aleppo, and he's now also advancing on the rebels in Damascus, it could trigger a more dramatic shift by finally convincing opposition groups that they have lost the war,"

said Aron Lund, nonresident associate of the Carnegie Endowment for International Peace.

The announcement on humanitarian corridors was made by Russian Defence Minister Sergei Shoigu, and was followed by a general amnesty offer by Syria's President Bashar Assad for rebels who give up their weapons and surrender to authorities over the next three months.

Rebels and residents of Aleppo said they were deeply skeptical of the offer, and there was no sign of people massing to leave the besieged parts of the city.

"I will not leave. I will be the last man in the city," said Mohammed Zein Khandakani, a 28-year-old resident of the Maadi neighbourhood of Aleppo who volunteers with the city's medical council. "I can't imagine ever seeing a member of this regime one more time."

But Khandakani, formerly a lawyer who was detained for a month in the early days of the protests against the Syrian government, said he was worried about his family.

Fliers dropped over eastern Aleppo showed supposed corridors leading to government areas, but the media office for the opposition's civil defence search and rescue group in east Aleppo said no safe corridors have been opened.

THE ASSOCIATED PRESS

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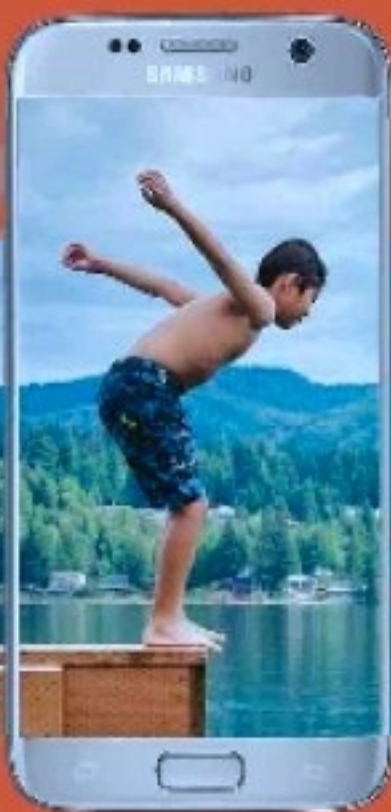
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- 67 Centre for Newcomers (Barbados, Togo, Syria, Burundi, Mali)
- 46 Chile
- 40 Chinese
- 18 Colombia & Brazil
- 17 Congo
- 26 Croatia
- 24 Ecuador
- 61 Egypt
- 25 Eritrea
- 21 Ethiopia
- 8 Fiji
- 27 France
- 34 Germany
- 41 Greece
- 62 Haiti & Cuba
- 12 Guatemala
- 23 Hong Kong
- 6 Hungary
- 60 India
- 58 Indonesia
- 43 Iran
- 19 Iraq
- 57 Ireland
- 52 Israel
- 51 Italy
- 1 Jamaica
- 31 Japan
- 47 Kenya
- 53 Korea
- 64 Liberia
- 20 Malaysia & Singapore
- 65 Mexico
- 48 Morocco
- 54 Nepal
- 59 Netherlands
- 37 Nicaragua
- 56 Nigeria
- 11 Pakistan
- 35 Peru
- 15 Philippines
- 7 Poland
- 45 Puerto Rico
- 30 Romania
- 33 Russia
- 39 Rwanda
- 14 Scandinavia
- 44 Serbia
- 66 Somalia
- 38 Spain
- 9 Sudan
- 10 Taiwan
- 2 Tanzania
- 28 Thailand
- 55 Turkey
- 29 Uganda
- 3 Ukraine
- 32 Venezuela
- 5 Vietnam
- 42 Wales



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- ETS Park N' Ride Bus Stop
- AMA Bicycle Centres

- ACT Wheelchair and Stroller Rentals
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Pipeline spills bad publicity: Company

TRANSCANADA

CEO says safety has improved in recent years

The oil spill in Saskatchewan could increase public skepticism of pipeline projects, says the CEO of TransCanada, the company behind the proposed Energy East Pipeline.

"All of these incidents shake public confidence," Russ Girling said in an interview. "There's no question that things like that cause

people concern, and rightfully so."

Last week, a Husky Energy pipeline spilled between 200,000 and 250,000 litres of oil into the North Saskatchewan River, leaving cities along the waterway scrambling to find non-tainted sources of drinking water.

Girling said TransCanada will be keen to learn from the Husky incident to improve pipeline safety.

"From all incidents, both ours and other incidents around our industry, we learn from them — certain-

ly around moving water, that is one of our biggest risks," said Girling.

He said the company has implemented numerous safety improvements in recent years around waterways, including thicker pipelines at crossings, drilling pipes under rivers at times, and adding extra valves at crossings so that it can shut off a pipeline faster.

The Husky spill comes as public hearings are set to begin on Energy East on Aug. 8 in Saint John.

The project has faced significant opposition from en-



All of these incidents shake public confidence.

Russ Girling

vironmentalists, including a campaign launched earlier this week led by the Natural Resources Defence Council warning of the environmental threat posed by the anticipated increase in tanker traffic on the East Coast.

The proposed \$15.7 billion

pipeline would move 1.1 million barrels of oil a day from Alberta and Saskatchewan through Quebec and into New Brunswick to supply Eastern Canada refineries and for overseas shipping.

The development would lead to an estimated 281 tankers a year heading to the proposed Energy East terminal near Saint John, an increase of upwards of 300 per cent to the number of tankers now in the Bay of Fundy, according to the NRDC campaign.

Girling dismissed the campaign, saying it is concerned

only with keeping oilsands crude in the ground rather than what's necessarily best for the environment or safety.

"There's no compromise in these folks," he said. "There's no logic, no rhyme or reason, rationale, science, to what they put forward."

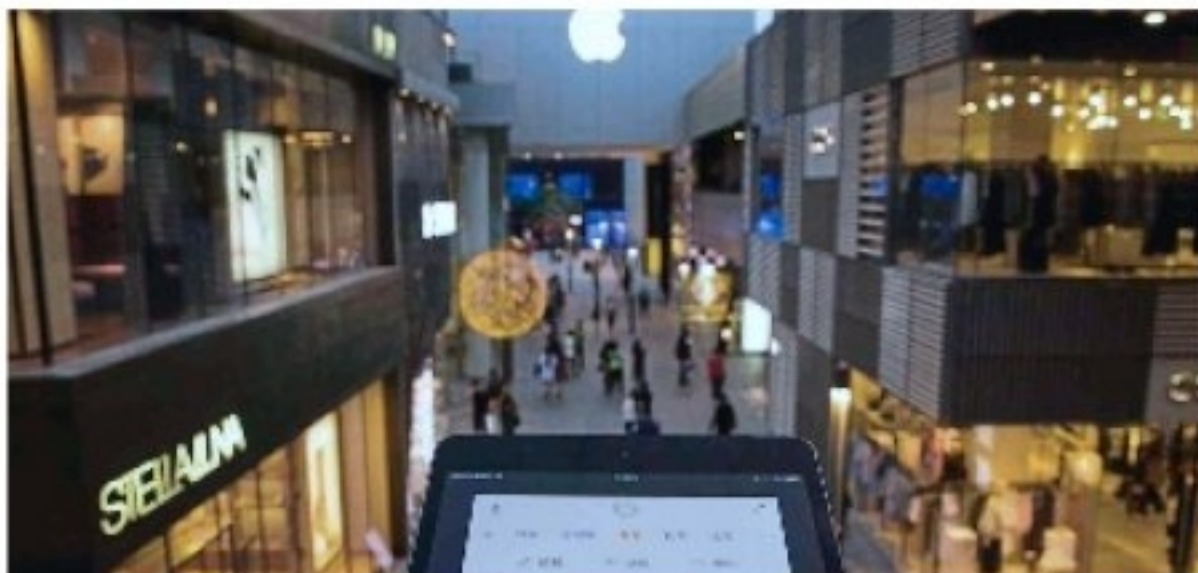
TransCanada continues to push ahead with Energy East, but it also has a wide range of other major initiatives underway, including expansion in Mexico and consolidating its recent \$13 billion US acquisition of the Columbia Pipeline Group. THE CANADIAN PRESS

CHINA CABINET

LAYS DOWN LAW ON RIDESHARING APPS

A mobile device shows the Didi Chuxing ride-hailing app at a shopping mall in Beijing. China's Cabinet issued a document on Thursday outlining guidelines for ride-hailing services and has told local governments to promote its booming ride-hailing industry, helping to confirm the legal status of Uber Technologies Ltd. and local competitors following run-ins with regulators.

NG HAN GUAN/THE ASSOCIATED PRESS FILE



PUBLIC CONSULTATION

CRTC wants input for wireless rules

Canada's broadcast and telecommunications regulator is asking for the public's input as it launches a review of its wireless code of conduct.

The Canadian Radio-television and Telecommunications Commission launched the code in 2013 to ensure sure cellphone service providers meet industry standards by using easy-to-understand language in customer contracts and by making attempts to limit bill shock, among other things.

Canadians can comment

on the code's effectiveness on the CRTC's website until Sept. 26.

The CRTC will also host an online discussion forum in mid-September, and will later hold a public hearing Feb. 6 to further evaluate the code.

CRTC chairman Jean-Pierre Blais said the public input will help the CRTC ensure that the code continues to empower Canadians as the wireless marketplace continues to change. THE CANADIAN PRESS

IN BRIEF

Loblaw audits coin kiosks

Canada's largest grocery chain says it's trying to verify the accuracy of the coin-counting kiosks in its stores over allegations that they've been nickel-and-diming customers.

"Should customers have a concern with any of the coin-counting machines in one of our stores, please contact our customer service team to let us know," Kevin Groh, the vice-president of corporate affairs and communication for Loblaw, said in an email. "We have been working with Coinstar to confirm the accuracy of the coin-counting machines located in our stores and have no current plans to remove the machines." THE CANADIAN PRESS

Facebook to let parents ask for refunds of kids' buys

Court documents show Facebook has agreed to allow users to request refunds of in-app purchases made by minors as part of a settlement of a class-action lawsuit.

Under the settlement approved by a California federal court in May, Facebook agreed to add an option for requesting an in-app purchase refund on the grounds that it was made by a minor. It also agrees to have a dedicated team to handle such requests.

Menlo Park, California-based Facebook hasn't responded to a request for comment. THE ASSOCIATED PRESS

RETAIL

Tim Hortons looks at Southeast Asia market

People craving a jolt of caffeine in the Philippines may soon be able to order a double-double at their local Tim Hortons.

Restaurant Brands International, the multinational owner and operator of Tim Hortons and Burger King, said Thursday it has partnered with a group of investors to establish a master franchise joint venture company to sell the fast-food chain's coffee and doughnuts in the Southeast

Asian country.

RBI chose the Philippines for its first stop in Southeast Asia because the country has a strong economy and a fast-growing quick-service market, said CEO Daniel Schwartz.

The Philippines also boasts "a population that has an affinity for coffee and baked goods," Schwartz added, including those of Tim Hortons's, the company determined after months of market research. THE CANADIAN PRESS

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SO MUCH FOR PALEO Cancer's not a disease of modernity. Bone tumours have turned up in two-million-year-old hominids.

DECODED by Genna Buck

THE ONE DOWNSIDE OF SUMMER

Brain freeze. Also known as ice cream headache. Also known as **sphenopalatine ganglioneuralgia** — or the holy-heck-that-hurts nerve pain you get from slurping cold or frozen treats too fast. What's really going on in your head?



GRAPHICS: ANDRÉS PLANA/METRO

FINDINGS Your week in science



ILLUSTRATION BY UKO GORTER

WHALE OF A DISCOVERY

A legend has come to life in the North Pacific after remains of a small, dark beaked whale washed up on an Alaska beach in 2014. Known to Japanese fishermen as *karasu* (the raven) since the 1940s, this whale is indeed a separate species. This has been confirmed following DNA analysis of the remains — a big addition to the club of mammals known to science.

BRIGHT FUTURE

A ray of hope in the fight against climate change: University of Illinois researchers have invented a solar cell that converts greenhouse gases from the air into fuel — using only the sun's energy.

SOUND SMART

PSYCHOSOMATIC

DEFINITION

Psychosomatic symptoms are caused or aggravated by emotional and psychological factors. The pain is real, but the source is the brain, not the part of the body that hurts.

USE IT IN A SENTENCE

Sharon has been getting headaches every day, and she's convinced they have something to do with the new electrical wires near her house. Her doctor thinks the cause is **psychosomatic**.

PHILOSOPHER CAT by Jason Logan

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CITIZEN SCIENTIST by Genna Buck

Can the weather really give me a headache?

I had a horrible migraine during a thunderstorm. Is it true weather change can trigger a headache?— Don, Edmonton

Migraine sufferers sure believe that. On surveys, up to 70 per cent say their headaches are affected by weather changes.

Research suggests there's something to that, but there's reason for skepticism. A 2010 textbook on clinical neurology cautions: "Taken together, virtually all aspects of life have been suspected to trigger migraines

... but scientific evidence for many of these triggers is poor."

Studies that compare headache patterns with actual meteorological data, instead of just self-reports, produced mixed results. Several found no relationship between weather changes and headaches.

A few, however, have been more convincing. A 2015 Japanese study compared migraine sufferers with people with common tension headaches during the time a cyclone (a significant change in

atmospheric pressure) swept in. More than 70 per cent of migraine patients, but only 21 per cent of others, reported migraine attacks.

A study of 7,054 migraine patients visiting a Boston emergency room between 2000 and 2007 found a temperature increase of 5 C in the 24 hours before the ER visit increased risk of migraine by 7.5 per cent.

Though the evidence isn't as robust as it could be, I'm more inclined to believe in weather over other proposed migraine

triggers (like wifi and magnetic fields), because there's a plausible mechanism behind it.

It's believed when air pressure increases or decreases during weather changes, blood vessels in the brain compress or expand. This irritates nearby nerves, causing throbbing pain and symptoms like nausea and sensitivity to light. Ouch. That's all too believable to people who suffer from migraines.

Science Question?
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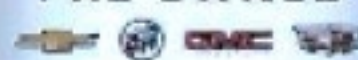
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How a star was Bourne

RETROSPECT

Matt Damon returns to role that cemented his career

Richard Crouse

For Metro Canada



In the latest Jason Bourne movie, Matt Damon will punch, kick and spy master his way to the top of the box office charts.

His previous Bourne films, *Identity*, *Supremacy* and *Ultimatum*, were all hits commercially and critically.

Damon says he owes a great deal to the fictional character.

After the early success of *Good Will Hunting*, *Saving Private Ryan* and *The Talented Mr. Ripley* made him a star, a string of flops cooled his box office appeal.

"Right before *The Bourne Identity* came out," he said, "I hadn't been offered a movie in a year."

Then his career was Bourne again.

"It's incalculable how much these movies have helped my career," he told *The Telegraph*. "Suddenly it put me on a short list of people who could get movies made."

In the spirit of "one for them, one for me" for every film like *The Martian* or the new Jason Bourne, Damon has attached himself to smaller,



"Right before *The Bourne Identity* came out I hadn't been offered a movie in a year," says Matt Damon. CONTRIBUTED

riskier projects.

He lent his star power to *The Good Shepherd*, a low budget film directed by Robert De Niro. It's a spy movie without the bells and whistles we've come to expect from our favorite undercover operatives.

There are no elaborate chase scenes à la James Bond or even the great scenery of the Bourne flicks.

In fact, the only thing *The Good Shepherd* shares with



MOVIE RATINGS by Richard Crouse

Jason Bourne ★★★
Bad Moms ★★★
Café Society ★★★★
Nerve ★★★

HOW RATING WORKS

★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

any of those movies is Damon, who plays Edward Wilson, one of the (fictional) founders of the CIA.

Despite mixed to good re-

views — *USA Today* gave the film three out of four stars — and winning the Silver Bear of the prestigious Berlin International Film Festival, the

movie barely earned back its production costs at the box office.

Ninety per cent of director Steven Soderbergh's job on *The Informant!* was casting this mostly true tale of a highly paid executive-turned-whistleblower who helped uncover a price fixing policy that landed several executives (including himself) in jail.

It's a tricky balancing act to find an actor who can keep the audience on-board

through a tale of corporate malfeasance and personal greed, who can be likeable but is actually a liar and a thief, but Damon is the guy.

The Informant! skewed a tad too far into art house territory to be Soderbergh's new Erin Brockovich-sized hit, but Damon's presence kept the story of accounting, paperwork and avarice interesting. Reviews were kind but *A Serious Man* and *The Twilight Saga: New Moon* buried the film on its opening weekend.

Damon teamed with John Krasinski to produce and co-write *Promised Land*, a David and Goliath story that relied on the charm and likability of its cast to sell the idea that fracking is bad and the corporations who dupe cash-strapped farmers into leasing their land are evil.

It's hard to make talk of water table pollution dramatic but *Promised Land* makes an attempt by giving much of the heavy lifting to Damon.

Done in by middling reviews and "sobering" box office receipts, this earnest and well-meaning movie might have been better served in documentary form.

With an Oscar on his shelf and more than 70 films on his resume Damon is philosophical about the kinds of films he chooses to make, big or small.

"If people go to those movies, then yes, that's true, big-time success," he says.

"If not, it's much ado about nothing."

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INDIGNATION

Former child star changes course

Logan Lerman is already one of the most sought-after young actors in Hollywood. You might then expect the 24-year-old to have a steady lineup of dystopian young-adult adaptations or house-party comedies in the pipeline. But his latest is in a different direction entirely: industry veteran James Schamus' Philip Roth adaptation, *Indignation*.

The role, Lerman says, is exactly the kind of material he's attracted to, and he doesn't mind turning down more cookie-cutter (and lucrative) parts in order to find his own path.

"Let the other actors take the bad roles," he joked in a recent interview, only using a different word for "bad."

"I'm trying to figure out who I am through the choices I make. I don't know myself well enough. I'm still trying to figure out what person I want to be."

In *Indignation*, Lerman stars as Marcus Messner, the only son of a Jewish butcher in Newark, New Jersey. While the Korean War is raging, he goes to a Christian college in Ohio, where his rigid principles are challenged by a forward but fragile young woman (Sarah



Logan Lerman stars in James Schamus' Philip Roth adaptation, *Indignation*. AMY SUSSMAN/INVISION/AP

Gadon) and a rigid and judgmental dean (Tracy Letts).

The directorial debut of Schamus (the longtime writing and producing partner of Ang Lee and the former head of Focus Features), *Indignation* is a revelation of the maturing talent of Lerman. His performance is subtle and smart, but also with the kind of confident charisma that can make stars out of young actors.

Lerman is also, for the first time, a producer of the film.

He calls it a "glorified credit" but acknowledges a deeper involvement in the process is important to him.

"That's the only way I work now," says Lerman, who's also producing one of his next films, *Sidney Hall*, a drama about a young novelist overwhelmed by sensation success. "I just want to find films that I like and help them get into production and do whatever I can to make it happen."

THE ASSOCIATED PRESS

'Jason Bourne is a violent character'



Matt Damon is running a tight ship to promote Jason Bourne — a film that nine years ago both he and director Paul Greengrass thought would never happen. THE ASSOCIATED PRESS

INTERVIEW

Actor says he understands objections to horrific scenes

It's a sweltering afternoon in Hollywood and Matt Damon has just gotten out of couple's therapy.

Don't worry, it was just with Jimmy Kimmel — a continuation of the fake feud that started over 10 years ago before the two had even met.

"It takes a really surreal turn because we got a real therapist and we play it totally straight," said Damon seated in the green room of Kimmel Studios. After "therapy," Damon had about 10 minutes to do a photo shoot, film an intro for a festival he can't attend and scarf down a salad. This is life on the blockbuster circuit.

Damon, 45, is promoting Jason Bourne, a film that nine years ago both he and director Paul Greengrass thought would never happen. After three movies exploring the story of the super spy created by Robert Ludlum, the last two of which were directed by Greengrass, and a particularly difficult shooting experience with *The Bourne Ultimatum*, Damon was done.

The name would come up often, though, in meetings and from fans. In 2009, around the time Damon and Greengrass did *Green Zone*, they flirted with getting another one going but there

just wasn't a story. Universal Pictures, meanwhile, moved on, expanding the Bourne universe with a film focused on another agent played by Jeremy Renner. It did well enough, and a sequel was in the works. Then, in 2014, Greengrass and Damon took a look at the world and realized how much had changed.

"Paul called and said that the first set piece would be an austerity riot in Athens," Damon said. "I'm like, 'OK, we're back.'"

But they made sure to structure their production schedule so they weren't coming up with

said we were going to do it, that we were going to get a release date, so we just got all of our ducks in a row."

And it worked. For *Ultimatum*, they shot for 138 days. Jason Bourne was a trim 95.

The film, out Friday, is partially about the world of government surveillance, introducing CIA agents played by Tommy Lee Jones and Alicia Vikander. The high octane hunt takes Bourne to the requisite international locales and even a few domestic ones — including Las Vegas, where one set piece features a SWAT vehicle plowing through cars on the strip. It's eerily reminiscent of the recent incident in France.

The marketing team pulled the scene from European ads immediately, he said.

"That was just horrific," Damon said. "None of us felt like it was a copy-cat thing, but we didn't want to be insensitive with those images out there."

It makes him think of the objections to the posters showing him wielding a gun — a sentiment he keenly understands.

"Movies are a tool for empathy. I wouldn't do them if I didn't believe that," he said. "But violence is a part of the human condition and so sometimes you end up playing violent characters. Jason Bourne is a violent character."

He hopes that the series, which has shown Bourne atoning for his actions, has a mindfulness that distinguishes it from others.

THE ASSOCIATED PRESS

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Dennis Dermody, PAPER MAGAZINE

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WORST MOTHERS IN CINEMATIC HISTORY

Bad mothers may be getting their very own summer comedy but malfunctioning mommas have been part of cinema lore for ages. With the release of *Bad Moms* this weekend, Metro looks at what lessons we could learn from the worst matriarchs in movie history.

STEVE GOW METRO CANADA

**Norma Bates: Psycho**

Norman Bates's mom literally drove him nuts. In the 1960 horror classic, the innkeeper became so obsessed with his mother's repressive smothering that he murdered her in a jealous rage after she found a lover. Oh, and then he kept the corpse in the cellar and began dressing up as mama to target other women.

Lesson learned: Give your kid some breathing room.

**Mary: Precious**

Mo'Nique won an Oscar in 2009 for her terrifying portrayal of a monster matriarch. All poor pregnant teen Precious wants is to get out of the ghetto but when an opportunity arises, her perpetually angry, welfare-sucking mama sidetracks the abused adolescent.

Lesson learned: Don't blame your children for your own miserable problems.

**The Queen: Snow White**

She wanted to be the "fairest one of all" but the only thing The Queen in *Snow White* ever deserved was the "worst stepmother in all of cinema history." Wickedly vain, The Queen grew so jealous of her innocent stepdaughter's beauty, she kicked the girl out of the house, put a hit on her and passed her a poisoned apple. Jeez, get over yourself, already.

Lesson learned: Stop staring in the mirror. Your kids are beautiful too.

**Kevin's mom: Home Alone**

In this 1990 comedy, Catherine O'Hara's negligent mother forgot to pack preteen Kevin (Macaulay Culkin) when she goes on vacation, leaving him home alone to combat burglars. In the following sequel, she left poor Kevin abandoned on the streets of Manhattan. Child services would not approve.

Lesson learned: Don't forget your child exists.

Joan Crawford: Mommie Dearest

Based on an adopted daughter's memoir, this 1981 portrayal of Joan Crawford shows the screen-legend as a sadistic, abusive alcoholic who put her ego above her kids. Joan not only screams at her children, she whacks them with coat hangers and chokes her daughter when she admits she's "not one of her fans."

Lesson learned: Don't mix motherhood and showbiz.



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Viggo talks the Habs and the have-nots

INTERVIEW

Canadiens fan and actor stars in film about life off the grid

Viggo Mortensen is famously an Oscar-nominated actor — and a major Habs fan.

The star of the moving new drama *Captain Fantastic*, which is getting rave reviews for its portrayal of a family living in isolation off the grid, has donned Montreal Canadiens garb at press conferences and on film sets, including for *The Lord of the Rings* and *A History of Violence*.

Naturally, during a recent phone interview about *Captain Fantastic* (now in theatres), the topic shifted to the team's recent trade of star player P.K. Subban.

"I'm sick about it, I'm sad about it," said the New York native, who got a best actor Oscar nomination for the David Cronenberg-directed *Eastern Promises*. "But it's a team sport, it's not just one guy that makes your team good or bad."

Mortensen even brought a bit of Quebec to the set of *Captain Fantastic*, written and directed by Matt Ross. Mortensen plays a father raising his six children in the forests of the Pacific Northwest, isolated from society with no cellphones or tech gadgets.

When Ben's wife dies, the family is determined to give her the funeral she wanted — rather than the service her wealthy parents plan for her in the city.

Anti-capitalist Ben loves literature, as does Mortensen (the actor is the founder and editor of Perceval Press), and he used his own books as props. They included titles from Quebec poets as well as Noam Chomsky and Howard Zinn. He also brought his own canoe, bicycles, plants, clothing and kitchen items to the set, where he lived before shooting. Mortensen and the actors who play Ben's children went through a physical and intellectual boot camp of sorts a couple of weeks before shooting.

"We did rock climbing and martial arts and played a lot



Viggo Mortensen and his fellow actors had a crash course in survival skills prior to filming *Captain Fantastic*. CONTRIBUTED

of music together and spent time together and did woodcraft, tracking, skinning, gutting animals," said Mortensen.

"You name it, we did everything, and by the time we got to the first day of shooting, we knew each other really well."

Mortensen said when he first read the script, he didn't know what to make of the title.

"And then I realized, I guess you could put a question mark after it, it's sort of tongue-in-cheek. It asks more questions than it answers. It posits that perhaps this is the greatest father in the world and then the next minute you're thinking, 'This guy is a menace to society.'"

Still, he ascribes to some of Ben's views, including his matter-of-fact approach to communication. Poor communication is a problem in many countries, said Mortensen. He also laments those who use new technologies not to learn more about the world but "to reinforce their pre-existing ideologies or points



It asks more questions than it answers. It posits that this is the greatest father in the world.

Viggo Mortensen on the film's title

of view in shallow ways."

"There's so much more that we could do and probably will, eventually," he added. "One thing is to go play *Pokemon Go*, and I guess there's nothing wrong with that. Another is to find out exactly what's going on in your government and your community and what people have done in the past when they've come up against obstacles of society, to communication, to war, poverty. There's a lot more that we can learn."

"So I guess this movie made me feel like it's worthwhile, life is short, I want to find out more. That's the way I feel anyway but it just reinforced it tenfold."

THE CANADIAN PRESS

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The Power to Surprise

FILM

Nerve: A thriller for the Pokémon Go generation

The invigorating new thriller *Nerve* goes deep into the psychology of the internet with an addictive game that's so fresh, you wonder whether the filmmakers had a tip that the *Pokemon Go* craze was on the horizon.

In the film, based on the 2012 Jeanne Ryan novel, *Nerve* is an app-based game that's all the rage among the kids.

You can choose to be a "player" or a "watcher." Players are

given dares by anonymous masses of watchers with the promise of cash prizes at the end of each dare, which they have to film themselves doing — not dissimilar to Facebook Live or Periscope.

The dares can be as innocuous as kissing a stranger for five seconds, which is how Emma Roberts' square high school student Vee gets hooked up with

Dave Franco's slightly older, slightly untrustworthy character Ian. Or the dares can be as dangerous as dead-hanging off a high-rise.

Nerve is directed by Henry Joost and Ariel Schulman, the men who brought the world *Catfish*, that is-it-real, is-it-fake cultural phenomenon/documentary from 2010 about lying on the internet that birthed the popular

television show. They were excited to jump back into the current state of the internet. A lot has changed in six years, and *Nerve* almost makes *Catfish* look quaint.

The scariest part of *Nerve* is that the game is user generated and promulgated. There is no centre to attack once things start getting out of hand.

"We realized what was actually more insidious and scarier

and much harder to control and confront is if we're the bad guys," screenwriter Jessica Sharzer said. "It's more truthful to the way the internet works."

Beyond the drug-like thrills of the escalating dares, the film feels part *Risky Business* and part *After Hours*, as Vee and Ian team up to try to win the game — which is also incidentally a popularity contest.

THE ASSOCIATED PRESS



Emma Roberts and Miles Heizer star in *Nerve*. NIKO TAVERNISE

TV BRIEF

Colbert's legal waltz

After CBS Late Show host Stephen Colbert told viewers that lawyers representing his old Comedy Central show said he couldn't be Stephen Colbert anymore, he thumbed his nose at them.

Lawyers representing his old company complained to CBS after he revived the character he played under his own name on The Colbert Report — a clueless, full-of-himself cable news host. They said the character Stephen Colbert was their intellectual property. The audience booed when Colbert, "with a heavy heart," said it has been decreed the character is kaput. He then introduced Stephen Colbert's identical cousin, an interview with himself displaying the same cocked eyebrow expression his old character had.

THE ASSOCIATED PRESS

THE TV DINNER JESSICA ALLEN



The burrata bonanza has been going strong for close to a decade now. I don't remember the first time I tried the pouch-like mozzarella stuffed with oozing cream and curd. But I do know it appeared in the form of a BLT on the cover of August 2007's Bon Appétit. That same year, the Toronto Star's Jennifer Bain wrote that it was "all the rage in New York and Los Angeles," and was "quietly making inroads here."

As far as I can tell, I first wrote about it in 2009, when Simon had a slight obsession with it and I had a beef with its price tag, close to \$40 per sack, if I could even get

There's the possibility, however slight, that I could have been Jason Bourne. Or at least a middle-aged CSIS agent stationed in Italy...

my hands on one. Today, the Cheese Emporium gets in a regular shipment from Puglia (the heel of Italy's boot) every Tuesday. Come Sunday, they had two mini-burrata — about the size of tennis balls — left, which we happily picked up for \$10 a piece. (Yes, we could've managed with one but that would be like trying to fairly split a poached egg: impossible.) We prepared them as we always do: with good tomatoes, olive oil, flakey Maldon salt, basil, and thick slices of grilled bread.

And, as always, there were moans of delight. But I've always wondered, with all the hoopla over exporting the precious cheese here ASAP, what are we missing out on when eating five-day-old cheese? My friend Giovanna, who was raised in Italy and is a chef in the city, once told me that burrata is eaten the same day it's made in Puglia or not at all



because it gets more acidic the older it gets.

Kind of like Jason Bourne. The latest instalment, which opens Friday, sees director Paul Greengrass (The Bourne Supremacy and The Bourne Ultimatum) reunited with Matt Damon. It opens with a now middle-aged Bourne getting by in Greece by going fisticuffs with much larger men for money. But then CIA agent

Nicky Parsons (Julia Stiles) hacks the CIA and uncovers top secret files that will help Bourne better understand his past. Throw in a young billionaire who is concerned with his users' privacy on his social network "Deep Dream," a not-yet-operational CIA surveillance program, "Iran Hand," a grumpy pants CIA director (Tommy Lee Jones) — the kind of guy whose vernacular about

freedom and America is on par with Jack Nicholson's Col. Jessup from A Few Good Men, an ambitious new CIA Cyber Ops specialist (Alicia Vikander) and a reckless asset (Vincent Cassel) who has a personal vendetta against Bourne, and you've got plenty enough to sit back and enjoy the thrilling ride.

Sure, there are some ham-fisted flashback scenes and plot devices, an epic-but-confusing car chase, and, at times, it felt like Bourne was like: Are you guys seriously after me again? I am literally not doing anything to bother you until you force me to use my skills. And that the CIA was like: Jason Bourne are you kidding me? Again?

But I don't care because yes, I've a strong affinity for this fictional CIA assassin (and Matt Damon.) And yes, I do own the Bourne Blu-Ray box set. Because unlike superheroes, there's the possibility, however slight, that I could have been Jason Bourne.

Or at least a middle-aged CSIS agent stationed in Italy who maxes out all her spy networks to score fresh burrata.

Jessica Allen is the digital correspondent on CTV's The Social.



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When something old is new again

OPINION

Re-watching favourite series is the ultimate ode

Adam Proteau
Torstar News Service

So you've had a few weeks to recover from the season finale of *Game of Thrones* and you're considering what TV series to sink your energies into next.

It's not hyperbole to say you'll be hard-pressed to make a bad choice. With new seasons of dozens of established hits and new projects released almost every month of every year, you almost actively have to seek out subpar content to avoid watching a high-quality show.

But here's a different suggestion: instead of trying something new, go back and rewatch a series you've already enjoyed.

Sure, you may know people who wouldn't dream of watching a series more than once, but nobody has a problem with those who return to museums and galleries to analyze the same works of art numerous times over their lives. There's a reason they do so and it's the same reason checking out a TV show more than once makes sense: your perspective changes with the passage of time and so does the society around you.



There's a reason checking out a TV show more than once makes sense: Your perspective and society changes. That's why watching *The Wire* again after all the racial unrest is significantly different from seeing it for the first time. CONTRIBUTED

This is why rewatching *The Wire* after recent racial unrest is significantly different from seeing the HBO series for the first time. Or if you're interested in the TV drama industry itself, it's intriguing to rewatch a show and try pinpointing where things went wrong for a once-acclaimed series. (Looking directly at you, Season 4 of *Dexter*.)

The first time we consume a series, we're experiencing the

events of the show without knowing how it concludes, and plot resolution is first and foremost on the minds of many, if not most, viewers. But in subsequent watches, we're fully aware of characters' fates and story arcs, and that presents us with the chance to ask questions other than ones that pertain to the plot.

For example: What subtle facial tic did we not pick up on the first time we watched

an actor deliver a mesmerizing soliloquy?

How did the director frame scenes to give them more weight and depth? In what ways did a soundtrack or lighting decision underscore the theme or drop hints of what was to follow?

It's impossible to answer all these questions the first time around. And so I'd argue a repeat viewing isn't only a solid option when it comes to fully

appreciating a series; it's essential.

Besides, if we're being honest, while everyone is frantically live-tweeting and social media-ing each episode of a show in its initial airing, we're likely to look away from the big screen and miss a scene or two. Followup viewings allow us to take it all in, without any distractions or pressure to push through lest things be spoiled online.

There's no doubt rewatching a series can drastically reduce the number of shows an average individual engages with.

In some senses, that's a shame, as there is a wealth of tremendous dramatic product out there deserving of a large audience. But if you loved one particular story and somebody told you there was much more to love, wouldn't you race back to it as soon as possible?

If you knew showrunners went to great lengths to foreshadow and wink at viewers in all sorts of ways, isn't it incumbent on you to focus your attention on it more than once?

A memorable TV series is like a major metropolis: a vibrant, brilliant blur of images and sounds infused with a slew of fascinating stories. You can have a great time on vacation in both places, but a brief visit will never give you the full sense of what it means to live there.

To come away with a richer and more accurate view, you need to return, seek out new avenues and tourist-free lane-ways, spend a little bit longer with the locals, experience all four seasons within city limits. That's what a rewatch gives you.

If a story is told well enough to leave you aching for more, you don't need to scratch the itch through sequels, prequels or spinoffs. Going back and having the same story told again is the ultimate sign of respect for it.

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The real Vegas

DISCOVER

Forget the Strip, this desert city is full of surprises

Nichole Jankowski
For Metro Canada

It's easy to follow the madding crowd in Las Vegas — last year, three out of every four visitors stayed on the Strip.

A privately-owned monorail shuttles passengers the 6.4 kilometres between seven major hotels and casinos, while pedestrian bridges restrict as much as they facilitate movement by requiring those on foot to walk to well-separated staircases and climb two stories just to cross Las Vegas Boulevard.

The Strip is designed so much with tourists in mind that, the story goes, when MGM built its mixed-use CityCenter it did not include a grocery store or school.

Outside of this stretch, however, there are neighbourhoods planning for community — this is the Las Vegas you'll want to take in when the buzz from your electric-guitar-sized to-go cup starts to wear off.

First up is the Downtown Container Park, an open-air entertainment and shopping centre made of repurposed shipping containers, that opened in the East Fremont neighbourhood in 2013.

Entrepreneur Tony Hsieh put

\$350 million into the project to renovate the municipality's true downtown. The small storefronts keep startup costs low, and short-term leases and loans are available for new businesses. Inside the compound are specialty shops like Art Box, which sells the work of local artists and crafters; Simply Pure, a vegan and raw restaurant; and SasaSweets Chill Spot, famous for its artisan popsicles.

Gentrification is spotty, but a couple blocks west a few new bars have opened, including Park on Fremont and Commonwealth, and a renovated El Cortez Cabana Suites provides affordable accommodation despite not having access to the amenities of the Strip.

Abandoned buildings still dot the area, but locals are fighting back with Life is Beautiful. The music and arts festival, which runs Sept. 23-25, boasts headliners Mumford & Sons, The Lumineers and J. Cole this year. There's also a lineup of chefs and educational speakers, but it's the art that makes an impact year-round.

Internationally renowned street artists like D*Face, Borondo and Zio Ziegler are brought in to paint colourful murals on existing and shuttered businesses. These works have become a destination in themselves and the foot traffic is said to be helping reduce crime in the area.

More recently, planners for Strip properties have taken note: the newly opened outdoor corridor between the New York New York and Monte Carlo resorts and the T-Mobile Arena offers a safe, walkable dining and entertainment district that includes public art; its centrepiece a 40-foot-tall sculpture of a dancing woman by artist Marco Cochrane.

To get the big picture, further down the Strip a London Eye-like ferris wheel called the High Roller offers a spectacular view that tops out at 550 feet. A full revolution takes 30 minutes, so head out just before sundown if you literally want to see change on the horizon.

Bliss Dance, a 40-foot-tall piece by Marco Cochrane, in Sculpture at the Park. NICHOLE JANKOWSKI/FOR METRO



MAP

Las Vegas Shortlist

Quick ideas for where to go when you visit:

- 1 Downtown Container Park
- 2 Gold Spike
- 3 Park on Fremont
- 4 Tacos El Gordo
- 5 Peppermill Fireside Lounge
- 6 Mystère by Cirque de Soleil
- 7 High Roller
- 8 The Park Las Vegas



Eating your way through Montreal

CITY LIFE

Local markets are reaping to benefits of a health-conscious city

Montreal hosts four year-round markets and an array of smaller seasonal ones where producers showcase their fruits, vegetables, meats and other products.

Although the history of public markets dates back to the city's founding, most of Montreal's current ones originated in the early part of the 20th century.

While the rise of big grocery stores once ate into their profits, they have been booming in recent years thanks to renewed public interest in knowing where food comes from.

"People are more concerned about what they're eating," says Lysianne David, a spokeswoman for Montreal's Public Markets, the group that manages the markets.

"They want to know if it's organic, where it came from, and they don't want products that come from far away."

Featured market offerings — like farms themselves — shift with the seasons: Christmas trees in December, maple syrup in early spring, and berries and sweet corn during summer months.

Year-round, shoppers can also pick up fresh fish, cuts of meat, cheese, specialty products, prepared food and flowers. THE CANADIAN PRESS



IF YOU GO...

Opening hours and schedules can be found at marchespublics-mtl.com

Marche Jean Talon, 7070 Henri-Julien Ave.

With 2.5 million visitors per year, Jean-Talon bills itself as one of North America's largest open-air markets.

It was built in 1933 and owes much of its European feel to the large number of Italian immigrants who migrated to the area in the first part of the 20th century.

The city's liveliest and most crowded market hosts 20 boutiques and dozens of stalls selling everything from fruits and vegetables to fresh lobsters and ice cream.

On a recent day, Isabelle Lacroix was selling lettuce, tomatoes, herbs, lettuce and beets — just as her father did in the 1960s.

Down another aisle at a colourful stand representing Intermiel, a bee farm in Mirabel, Que., a vendor cheerfully explained the company's range of unpasteurized honey products.

At the booth for an organic agriculture collective, employee Mia Dansereau said the week's star product was the season's first field-grown eggplants.

"People like to shop at the markets because it lets them see what's new each week, and eat the way the agriculture is done," she said.

MARKETS

The borough of **Lachine** hosts its own market, as do many suburbs including **Longueuil** and **Sainte-Anne-de-Bellevue**.

There are other small seasonal markets scattered around the city, most of them located near **subway station** entrances.

According to David, these serve mostly a **local clientele** and each one may offer something different.

Maisonneuve Market, 4445 Ontario St. E.

Located in the eastern borough of Hochelaga-Maisonneuve, this market was closed in the 1960s but was reopened in 1980 thanks to a citizen-led campaign.

It has about 40 outdoor stalls featuring seasonal local products, as well as a dozen permanent stores.

Until September the market is hosting "gourmet Fridays," when customers can meet producers and sample featured products such as cheeses, oils and vegan sausage.



Atwater Market, 138 Atwater Ave.

This market is held in a large art deco building that borders the city's Lachine canal and its bike path, making it a popular stop for southwest residents who can be seen lounging in the public spaces along the waterfront in the summer.

Montreal's second-largest market has a number of stands selling fruits and vegetables, as well as cheese shops, a fish store, bakery and several butchers.

On a July day, Quebec-grown strawberries and raspberries were on prominent display, while a vendor outside did brisk business selling sweet corn out of a red flatbed wagon at \$6.50 a dozen.

Inside high-end boutique Les Gourmands du Marche, clients perused full walls dedicated to various olive oils, vinegars and hot sauces.

Tina, an employee who declined to give her last name, said many of the Atwater market's clients come to find something specific. "It's a great vibe and I really enjoy the clientele," she said. "It's very diversified but very knowledgeable, really interested in nice products."

SPORTS FAN

This hotel is all about Cristiano Ronaldo

Suffering from Euro Cup withdrawal? Visit the home of this year's newly minted champs and immerse yourself in a Cristiano Ronaldo-themed hotel.

In partnership with Pestana Hotel Group, the legendary Portuguese soccer player has opened the first of four new hotels in his hometown Funchal on the charming island of Madeira — with three more to follow in Lisbon, Madrid and New York in 2017.

Games room

The new Pestana CR7 Funchal in Madeira has 48 rooms and one CR7 (Ronaldo's initials plus jersey number) suite, which comes equipped with cardio workout gear, yoga mats, a 48-inch HD TV, Apple TV, and a PlayStation 4 loaded with games and accompanying virtual-reality glasses.

Sacred space

Contemporary lifestyle spaces throughout the hotel reflect the CR7 brand and Ronaldo

in all his glory — slick, stylish and flashy.

Ronaldo's signature fragrance and soccer-themed art are in every room, and his mottos, such as "work hard, play harder" and "to be the best, you need the best" adorn the walls.

Ultimate gift shop

If you don't get your fill of Ronaldo in the actual hotel, don't worry — it's adjacent to the Museu CR7, an entire museum dedicated to him.

Endless rows of glass cases display shiny trophies and soccer balls from games in which the star scored three or more goals. Fans will want to pick up a souvenir from the museum's gift shop, stocked with signed soccer paraphernalia and the CR7 clothing line.

Details

Find out more at pestanacr7.com/en. Rooms start at \$245 (Canadian) per night. TORSTAR NEWS SERVICE



Guest rooms at the newly opened Pestana CR7 Funchal feature grassed carpets, locker-looking closets, and Cristiano Ronaldo-themed soccer art. HANDOUT

Ex-NFLer Warren Sapp is OK but might need stitches after being bitten on the arm by a reported four-foot nurse shark while lobster fishing in Florida

Walker on path for major breakthrough

PGA CHAMPIONSHIP

48th-ranked golfer grabs early lead with 5-under 65

A drab year for Jimmy Walker took a turn for the worse two weeks ago at the British Open, when he stayed in what was dubbed the "frat house" at Royal Troon with Jordan Spieth, Rickie Fowler, Justin Thomas, Jason Dufner and Zach Johnson.

Walker was the only one to miss the cut.

He still stayed the weekend. He just stayed away from the golf course, and his clubs. How does one kill time in such a small Scottish town?

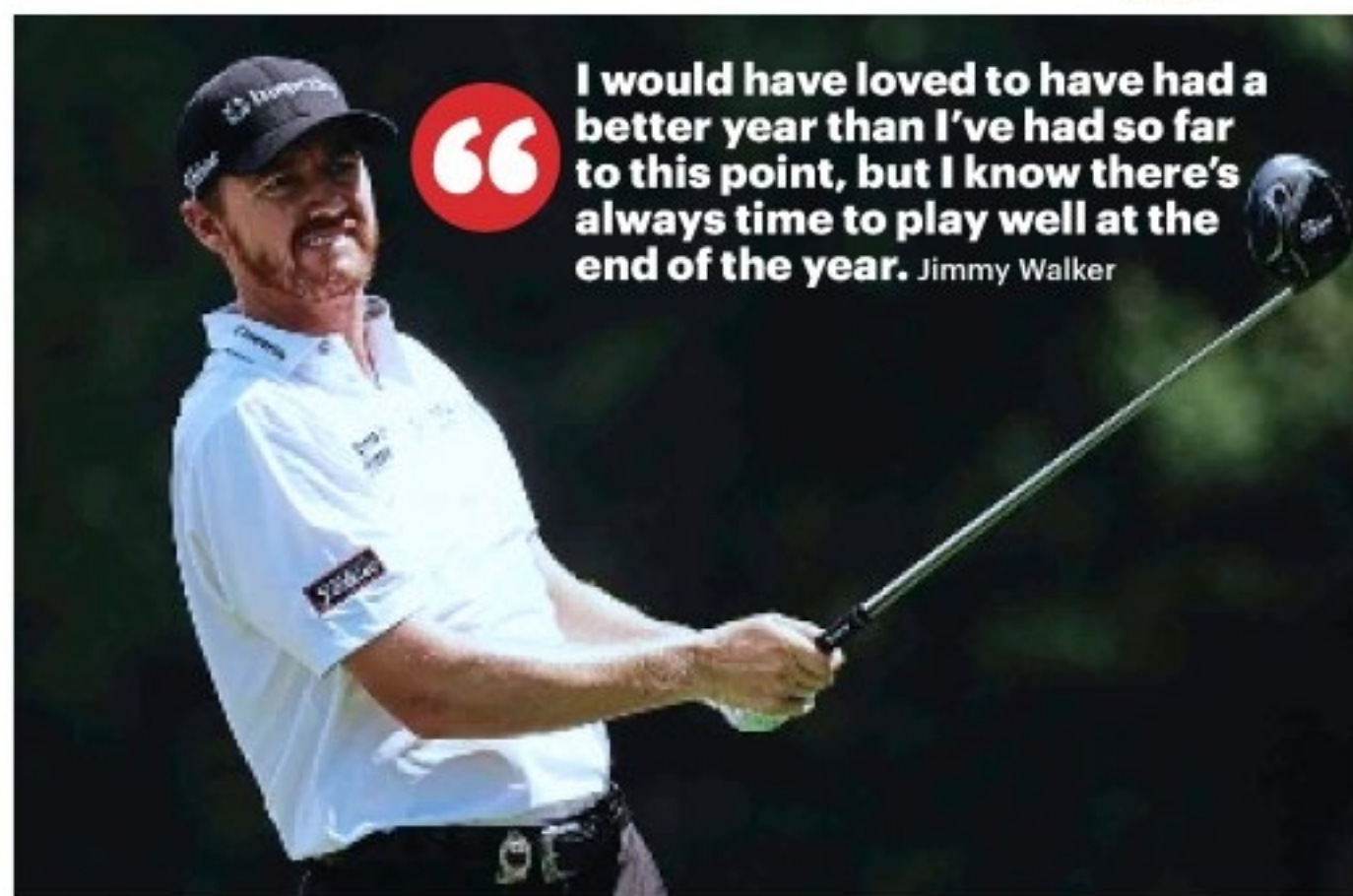
"When the first guy comes back and he's ready for a cocktail, you have one," Walker said.

Thursday in the PGA Championship, the drinks were on Walker.

In the final major of the year, Walker finally saw enough putts to fall at Baltusrol that he matched his low score in a major with a 5-under 65 and wound up leading a major for the first time in his career.

Just like that, a stale year came to life.

Walker had a one-shot lead



Jimmy Walker tees off on the sixth hole at Baltusrol Golf Club on Thursday in Springfield, N.J.

STREETEER LECKA/GETTY IMAGES

"I would have loved to have had a better year than I've had so far to this point, but I know there's always time to play well at the end of the year. Jimmy Walker

over two-time major champion Martin Kaymer, Emiliano Grillo and Ross Fisher.

And for Henrik Stenson, a great year might get even better. Coming off his record performance at the British Open, the Swede

had three birdies on the back nine as the sweltering heat gave way to dark clouds

and 20 m.p.h. gusts. That gave him a 67, leaving him two shots behind.

Stenson is trying to join Ben Hogan in 1953 as the only players to win back-to-back majors at age 40.

"It's going to be a great season for me," Stenson said. "But at the same time, I want to give myself a chance to

+ MORE SCORES

Jason Day	-2	68
Rickie Fowler	-2	68
Jordan Spieth	E	70
Phil Mickelson	+1	71

try to make it the best season."

It wasn't the best of times for Dustin Johnson or Rory McIlroy.

Johnson, the U.S. Open champion with a chance to go to No. 1 in the world, was in the trees, in the water and couldn't get out of a bunker. He managed only one birdie in a round of 77 that wasn't enough to beat 15 of the club pros at Baltusrol.

He wasn't alone in his misery. McIlroy took 35 putts and didn't make a single birdie in his round of 74 that left him so

frustrated that he returned to Baltusrol late in the day with only his putter.

Walker's year has been so mediocre that he has finished within five shots of the winner only once this year, at Torrey Pines. He is on the verge of falling out of the top 50 in the world ranking and hasn't given as much thought to Ryder Cup with qualifying a month away from ending.

"I feel like all year it's just been real stale and stagnant," Walker said. "It's just ebbs and flows of golf. Just haven't been scoring. ... It's frustrating. I would have loved to have had a better year than I've had so far to this point, but I know there's always time to play well at the end of the year."

THE ASSOCIATED PRESS

ROGERS CUP

Raonic breezes into quarter-finals

Canadian Milos Raonic downed American qualifier Jared Donaldson 6-2, 6-3 on Thursday night in the third round of the Rogers Cup in Toronto.

Raonic will play France's Gael Monfils on centre court at York University's Aviva Centre in the quarter-finals on Friday.

"I'm taking care of my own things, creating some opportunities. And, you know, I'm going for the shots," said Raonic on his aggressive play. "I'm taking time away from the other guy, making the guy, from what I can tell, the other side of the net, uncomfortable, not giving him too much rhythm."

Monfils beat Belgium's David Goffin 7-6 (5), 2-6, 6-4, earlier in the day to advance.

"I love to play when it's crowded, and if the crowd is for the other one, it's fine," said Monfils, adding with a smile: "I expect a very good match."

Top-seeded Novak Djokovic of Serbia played in the final match of the night against Czech qualifier Radek Stepanek on centre court.

Raonic, from nearby Thorn-

+ IN MONTREAL

Canada's Eugenie Bouchard bowed out of the women's Rogers Cup, falling 3-6, 6-4, 6-3 to qualifier Kristina Kucova in a third-round match she let slip away after an impressive opening set.

Kucova will play Johanna Konta in the quarter-finals.

hill, Ont., established his dominance from the very first serve, hitting 235 km/h on his first shot of the game.

He fired four aces to earn his first game and won the set with a slicing backhand volley at the net, pumping his fist as the crowd roared its approval.

Raonic's mastery of the court was on display in the second set. He charged the net looking for a volley after a serve, but pulled his racket out of the way of Donaldson's return — to the stunned gasps of his fans — to let the ball sail just out of bounds. THE CANADIAN PRESS

+ IN BRIEF

White Sox lose to Cubs in Sale's return from ban

Chris Sale returned from his jersey-trashing suspension and threw six effective innings, but John Lackey outpitched him and Aroldis Chapman got the final four outs to save the Cubs' 3-1 victory over the White Sox in Chicago's rivalry series Thursday night.

Sale (14-4) was greeted with smiles and hugs from his teammates following a five-day ban for tearing up 1976-style uniforms he didn't want to wear.

THE ASSOCIATED PRESS

F1 needs more time to test Halo before introducing it

The governing body of world motor sports says frontal cockpit protection will be introduced for Formula One cars, although not before the 2018 season, to allow for more testing.

The F1 Strategy Group agreed on the move after a meeting in Geneva. Drivers, who spoke strongly in favour of the "Halo" system on Thursday, were hoping it would come into force next season.

THE ASSOCIATED PRESS

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1	7	9	3	6	4	5	8	2
5	3	2	9	7	8	4	1	6
7	8	1	4	9	6	3	2	5
4	5	6	8	3	2	7	9	1
2	9	3	7	5	1	8	6	4
6	1	8	5	4	9	2	3	7
9	4	7	6	2	3	1	5	8
3	2	5	1	8	7	6	4	9

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Herdman hoping for youthful boost

ROAD TO RIO
Warming up for kickoff

Canada coach looked to NFL guru to inspire latest lineup

In the wake of Canada's disappointing exit in the quarter-finals of last summer's home-soil Women's World Cup, head coach John Herdman

said he needed time to think and someone to talk to.

Among his sounding boards was Pete Carroll, a guru of that other kind of football and coach of the NFL's Seattle Seahawks. A mutual friend teed up a meeting and Herdman made the drive from his Vancouver home to the Seahawks' home base.

"We talked about some things, like our failings and what led to those things, and looking ahead to the future.... He was an excellent listener and he provoked my thinking," Herdman said in a recent interview.

Herdman's main takeaway from his time with Carroll?

"Probably the biggest thing he said that stuck with me was,

"Give those rookies their shot," Herdman said. "Pete just gave us the courage to really thrust them in, as opposed to carefully — and too carefully — manicuring them in."

That youth will be attempting to build upon its bronze-medal performance in 2012 when Herdman's team delivered some of the top moments of the Games.

The bar for future success was set awfully high so after failing to reach it a year ago, Herdman has made changes he insists make for a superior unit.

"The last team, I had nine months to work with them. This group, we've been working for four years to get to this point," Herdman said. "It's always hard to say, 'Is it better?' But in my mind, to be able to have four years of preparation, it's a better team."

Better and younger, thanks in part to Carroll's urgings. Christine Sin-

clair remains the centrepiece up front and veterans are still at the core of the squad. But the injection of the likes of 21-year-olds Ashley Lawrence and Janine Beckie, 18-year-old Jessie Fleming and 17-year-old Deanne Rose makes sense for these Games and the next.

"When is the right time (for youth)? Is it now? Is it tomorrow? Is it in three years' time? I think after the World Cup we realized we needed to add more faces to the team," Herdman said. "We needed to add more craft and guile to our possession and attacking play. And these young players were showing they had that in them ... It's been a great journey. Four years of work. We're well-positioned for these Olympics."

TORSTAR NEWS SERVICE

Canada will look to Ashley Lawrence to lead the program's next generation. GETTY IMAGES



SOCCER ARSENAL TOPS MLS ALL-STARS IN 87TH

David Villa of New York City FC attempts a scissor kick next to English Premier League side Arsenal's Mathieu Debuchy during the MLS all-star game on Thursday night in San Jose.

Chuba Akpom scored the deciding goal in the 87th minute from about four yards out on a cross from the left side by Nacho Monreal, and Arsenal topped MLS 2-1.

Joel Campbell scored on a penalty kick in the 11th minute for Arsenal following Jelle Van Damme's yellow card for grabbing.

Moments before halftime, Montreal's Didier Drogba scored on his third try following two deflections in one quick sequence for MLS to notch it 1-1. MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS



CHAMPS RETURN

Depleted Broncos dead serious as they begin repeat attempt

Shortly after the Denver Broncos began training camp Thursday with Jay Z's On To The Next One blaring over the loudspeakers, their safeties and cornerbacks donned actual blinders.

"It's about focusing on one thing at a time and focusing on what you're supposed to be focused on," safety T.J. Ward said.

"You're supposed to be reading the quarterback and supposed to have your eyes on the receiver. Just training your eyes."

Defensive backs coach Joe Woods wanted his guys to see what was in front of them and not be distracted by anything in the periphery.

It was an especially timely

initiative given coach Gary Kubiak's opening-of-camp message to put Super



Bowl 50 behind them and focus solely on what lies ahead.

"I told them we're not defending anything; we're chasing the

Mark Sanchez
GETTY IMAGES

NHL

Coyotes lock up key defensive pair

The Arizona Coyotes locked up two of their best young defencemen on Thursday, signing Connor Murphy to a six-year contract and Michael Stone to a one-year deal.

Murphy's deal is for \$23.1 million with a salary cap hit of \$3.85 million. Stone's deal, which allows him and the team to avoid a salary arbitration hearing next week, is worth \$4 million.

"We're happy to get these two guys signed," Coyotes

general manager John Chayka said. "Both right shots, which are obviously difficult to find. Both had good years, career years last year and really bought into what the coaching staff was trying to preach with more involvement from the back end in our offence and moving pucks more efficiently." THE ASSOCIATED PRESS



Connor Murphy
GETTY IMAGES

IN BRIEF

Wild, Dumba strike deal

The Minnesota Wild and defenceman Matt Dumba have agreed to terms on a two-year, \$5.1 million contract.

The deal was done Thursday with Dumba, who was a restricted free agent. He'll make \$2.35 million this season and \$2.75 million next season. The 22-year-old was the Wild's first-round draft pick in 2012. THE ASSOCIATED PRESS

Russians head to Rio

A depleted Russian team departed for the Olympics in Rio de Janeiro on Thursday, missing dozens of athletes who were excluded amid the country's doping scandal.

Team members left on a charter flight from Moscow's Sheremetevo airport to Brazil, a day after an emotional farewell ceremony with Russian President Vladimir Putin in the Kremlin. THE ASSOCIATED PRESS

NFL TRAINING CAMP

Brees joins Saints without extension

Drew Brees was patient and non-confrontational while fielding repeated questions about why he and the New Orleans Saints weren't able to negotiate a contract extension before Thursday's opening training camp practice.

If anything, the star quarterback became testier when the subject of rookie safety's interception came up.

Standing nearby, one of Brees' oldest teammates, right tackle Zach Strief, hardly seemed surprised.

"Look, he's a highly competitive and highly professional guy that is way more worried about

the fact he threw an interception in 7-on-7 than he is about a contract right now," Strief said. "That's just how Drew is."

And that, Strief said, is why the Saints shouldn't worry about



There's a process to this and it's not an exact science.

Drew Brees

Brees' ability to compartmentalize the uncertainty that arises for any pro athlete in the last year of a contract.

Around the NFL and in New Orleans in particular, many seem puzzled by the fact that the Saints haven't been able to nail down a new, long-term deal with their franchise quarterback.

THE ASSOCIATED PRESS

RECIPE Mushroom Melt with Pears



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

You can't deny the appeal of a grilled sandwich, and the addition of sweet pears only makes this oozy melt more appealing.

Ready in

Prep time: 5 minutes
Cook time: 10 minutes
Makes: 1 serving

Ingredients

- Pumpkin Bread
- butter
- Dijon mustard (optional)
- cremini mushrooms, thinly sliced
- pears, thinly sliced
- Fontina cheese, grated

Directions

1. In a skillet, melt a pat of butter over medium heat. Toss in your sliced mushrooms and push them around until they soften

up. Remove from pan and set aside. Wipe out your pan.

2. Butter the bread (and swipe the other side with a bit of Dijon for adventurous kids or adults) and place each piece in the pan, butter side down. Place a good handful of Fontina on each, then press down a couple of slices of pear, followed by a good spoonful of mushrooms. Place another piece of Pumpkin Bread on top, butter side out. Let that sizzle away for 2 or 3 minutes, peaking at the underside using a spatula to see that your bread is toasting not burning. Flip it.

3. Allow the sandwich to grill for a couple more minutes then remove from the heat. Cut in half and serve warm.

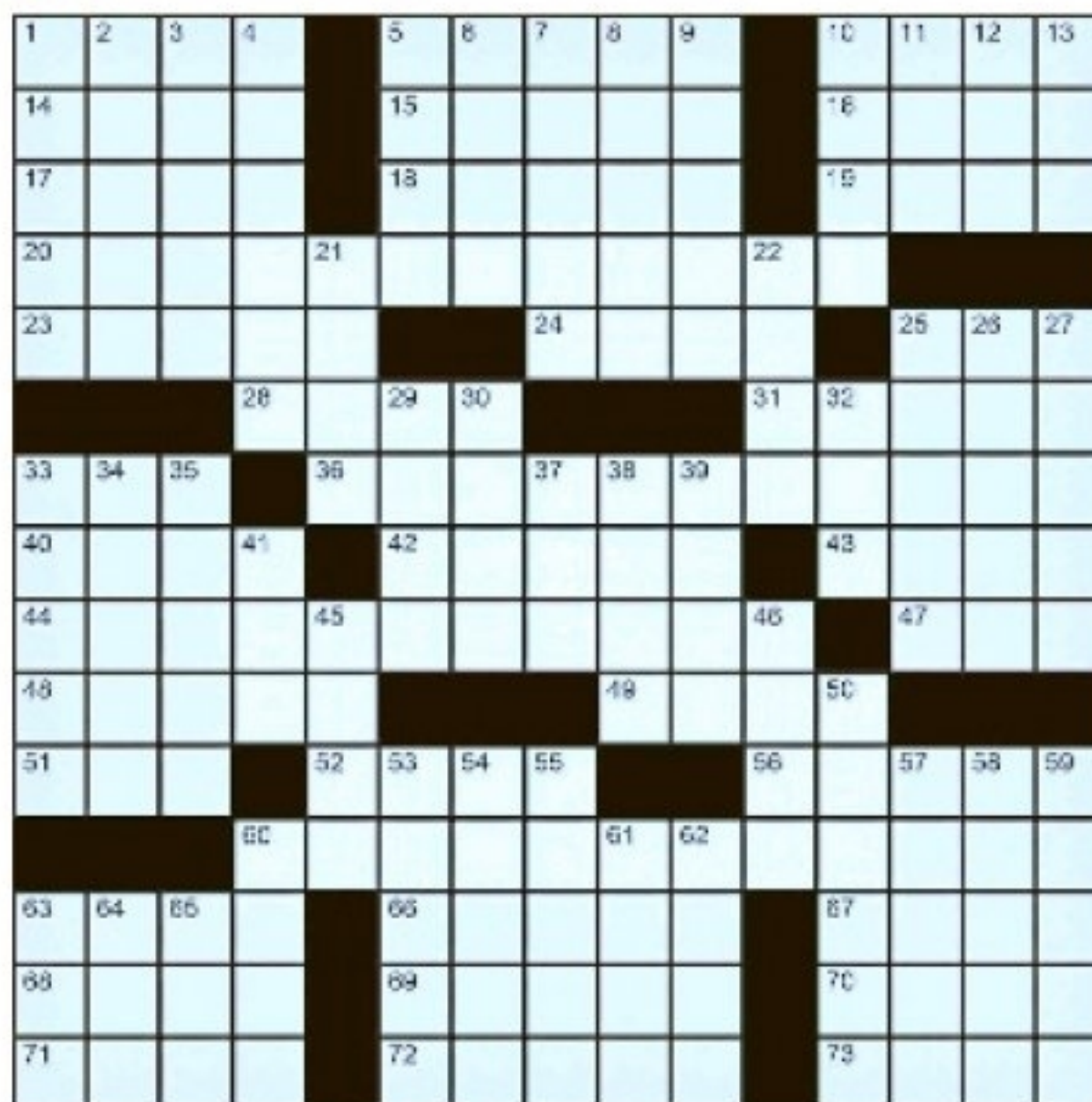
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Coach
- John (36-Across) Newmarket, Ontario born co-star in #44-Across)
- Young hawk
- Same, in Sherbrooke
- Love, in Venice
- Hound's "Hey!" holler
- Ancient concert sites
- New Guinea
- Glimpse
- Group of Seven painter whose works are currently being exhibited at the Art Gallery of Ontario in Toronto: 2 wds.
- Result
- Ms. Redgrave
- and flow
- Alberta, e.g.
- Showy variety of lily
- TV Cousin
- American comedian/writer/actor who is a co-curator of the exhibit at #20-Across: 2 wds.
- crust pizza
- Astrological aspect; or, Deuce-ace
- Part of speech, e.g.
- "Planes, Trains and (1987)
- Stop- (1926 oil on canvas by #20-Across)
- Dawn love song
- "I" of IV
- Rock music's Better Than
- Forest mammal
- Marketing



- Preference
- North Shore, (1926 oil on canvas by #20-Across)
- Dawn love song
- "I" of IV
- Rock music's Better Than
- Forest mammal
- Marketing

- link: 2 wds.
- Hobby shop items
- Dungeon-like
- Have egg (Have savings)
- planting ceremony

DOWN

- Arcade game, Whac- (1926 oil on canvas by #20-Across)
- Vehicle variety
- Some ducks
- Shred the sheets: 2 wds.
- Crunch (Breakfast cereal)
- Nursemaid
- Certain cactus
- England: Theatre Royal Lane (West End theatre in London)
- Wish wistfully
- Ophthalmologist's interest
- Not-no
- Matterhorn, for one

- Operative
- 'Ballad' suffixes
- King Atahualpa, for one
- Musical's Sir John
- Flashy jewellery
- Instrument played by #36-Across
- Mr. Preminger
- Action word
- Curve
- Po River locale
- Mount, Bylot Island (Painting of 1930 by the Brantford, Ontario born artist at #20-Across)
- Greek Myth: Prometheus, for one
- Gladiator's lucky number
- Photocopies made bigger, for short
- Convene
- de plume
- Ms. Angelou
- Venue
- Most unique
- Dog of Japan
- Russian leader, b.1870 - d.1924
- Cosmetics company, Lauder
- Measuring person, say
- Dessert selection
- Obliterate
- Songbird sort
- Leon (Exodus author)
- Hound's huff
- Do 'plus' work
- Musicals star Ms. Salonga
- Mr. Mulroney

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Sports events, romantic dates and time spent with children are areas where you might lose your temper today. Your objective is to have fun today. Keep this in mind.

Taurus April 21 - May 21
Avoid family squabbles or conflict with partners today, because you need this like a fish needs a bicycle. Stay mum and do everything (including you) a favour.

Gemini May 22 - June 21
Don't try to win an argument today. Don't try to make a point. Demonstrate grace under pressure. Be a role model for others.

Cancer June 22 - July 23
Money squabbles are likely today, especially over children or social situations. Money is always a tricky thing between friends and romantic partners.

Leo July 24 - Aug. 23
Most people are touchy and irritable today, which is why you have to tread carefully. You might feel that you have to defend your ideas or beliefs when talking to someone. Oh well.

Virgo Aug. 24 - Sept. 23
Something going on behind the scenes might annoy you or become annoying for someone else. Assume nothing. Be prepared to smooth-talk your way out of something.

Libra Sept. 24 - Oct. 23
Quarrels with friends or members of groups might occur today. Think of the downside, especially for the future. Don't make a scene. Anger serves no purpose other than to make everyone else miserable.

Scorpio Oct. 24 - Nov. 22
You might be intimidated by someone in a position of power today because he or she is rude or coming on strong. That's his or her problem. You don't have to react.

Sagittarius Nov. 23 - Dec. 21
Do not preach or proselytize to others today because it won't work. People will object. In fact, some people are waiting for an excuse to fight. Don't give it to them.

Capricorn Dec. 22 - Jan. 20
Postpone discussions about shared property and inheritances for another day, because something will go south fast today. Easy does it.

Aquarius Jan. 21 - Feb. 19
It's not easy dealing with people today, especially bosses and partners. Before you know it, they are at loggerheads. Run away! Run away!

Pisces Feb. 20 - March 20
Another argumentative day! The difference today is that arguments will likely take place at work. Chill out. Stay on good terms with co-workers because you have to work with them tomorrow and tomorrow and tomorrow.

CONCEPTIS SUDOKU by Dave Green

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\$3,335



2003
BUICK CENTURY CUSTOM
STK# 31277584

PEACE OF
MIND PRICE

\$4,125



2007
HYUNDAI ACCENT GLS
STK# 7U119130

PEACE OF
MIND PRICE

\$4,811



2005
DODGE SX 2.0
STK# 82524281B

PEACE OF
MIND PRICE

\$5,263



2007
HYUNDAI ELANTRA GL
STK# 7U064424

PEACE OF
MIND PRICE

\$5,274



2005
PONTIAC GRAND AM SE1
STK# 5M230265

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MIND PRICE

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